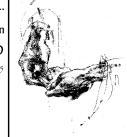
IH5

Were not our hearts burning as he spoke to us on the road ...

And they recognized him

#### IN THE BREAKING OF THE BREAD

Gospel of Luke 24: 13-35



### Holy Name of Jesus Catholic Church

10235 Ashbrook Drive, Saint Louis, Missouri, 63137 314.868.2310 Fax 314.868.3919

### Parish Pastoral Leadership Father Michael Henning

Pastor

mickeylee48@sbcglobal.net Sister Rose Mercurio, SSND

Pastoral Associate rosessnd@sbcglobal.net

Ms. Juanita Blackshear

Director of Administration & Programs jblackshear52@sbcglobal.net

Mrs. Buffy Modde Parish Nurse

parishnurse.hnoj@sbcglobal.net Mrs. Theresa McWilliams

Director of Music tmacwms@sbcglobal.net

#### Deacon George Watson

Permanent Deacon hgwatson@msn.com Deacon Matthew Duban Permanent Deacon meduban@sbcglobal.net

Mrs. Judy Krenn

Youth Ministry Coordinator judykrenn@aol.com

# Christ Light of the Nations Catholic School

1650 Redman Avenue St. Louis, Mo. 63138, 314.741.0400

Sister Mary Lawrence, SSND
Principal

Principal Sr\_mary@charter.net

#### Parish Support Staff

Mrs. Sandy Miesner

Parish Secretary parishoffice 10235@sbcglobal.net

Mr. Steve Jones

Maintenance Coordinator

Mr. David Vaughn

Parish Custodian

Mrs. Rose Fox

Rectory Housekeeping

#### Parish Pastoral Council

Patrick Barrett 314-388-2439 Betty Easley 314-388-0263 Gina Keppler 314-868-4824 Judy Mantch 314-868-7995 Anna Petroff 314-869-2936 Ted Piekutowski 314-355-7288

Judi Sams 314-869-2589
Bob Stolte 314-869-8147

#### Weekend Mass Schedule

Saturday 4:00 pm Standard Time

5:00 pm Daylight Time Sunday 8:00am, 10:30am

#### **Daily Mass Schedule**

6:30 am Tuesday/Thursday 8:00 am Monday/Wednesday/Friday 8:00 am Wednesday/Thursday Christ Light of the Nations School Check the Bulletin each week for schedule changes.

#### Holy Days of Obligation

8:00 am, and 7:00 pm

Civil Holidays 9:00 am

#### Sacrament of Reconciliation

Saturdays 2:30-3:30 (CST); 3:30-4:30 (CDT)

Advent & Lent Reconciliation Services

By appointment at any time call priest directly.

#### Liturgy of the Hours

7:35am Monday/Wednesday/Friday

#### **Eucharistic Adoration**

7:00am Tuesday-midnight Wednesday

#### Becoming a Catholic Christian

The parish has a year-round/ongoing process to assist adults in becoming Catholic. It also has a special program for older unbaptized children. Both can start any time. Call Deacon George (868-2310) for further information

#### Sacrament of Marriage

Engaged couples begin preparation for the Sacrament of Marriage at least 6 months before their wedding. Please remember—a wedding date will not be scheduled until the assessment of their readiness for the Sacrament of Marriage has been completed. Contact the rectory for more information. Weddings are not scheduled during the Season of Lent.

#### Anointing of the Sick

The sacrament is for those having surgery, the seriously ill, the chronically ill, and those near death. If you know in advance that you are going to the hospital, call one of the priests to arrange for anointing at home or church. In addition the sacrament is celebrated at church on the first Saturday of the month after evening Mass and on the third Sunday of the month after 8:00 Mass. It may be repeated as needed.

#### A PLEDGE TO PARISH LIFE

My parish is composed of people like me. I help make it what it is. It will be **friendly, if I am**. Its pews will be **filled**, **if I help fill them**.

It will do **great work, if I work**. It will make **generous** gifts to causes, if **I am a generous giver**.

It will **bring other people** into its community,

#### if I invite and bring them.

It will be a parish of loyalty and love, of fearlessness and faith, and a parish with a noble spirit, if I, who make it what it is, am filled with these same things.

Therefore, with the help of God, I shall **dedicate myself** to the task of **being all the things** that I want my parish to be.



# Highlights of Life in Our Community Our Parish Life Good for You - Good for Others

Details in your bulletin or Parish Directory. Being involved insures the vitality of our parish.

#### Sunday, April 4th Easter Sunday

• Easter Egg Hunt (Sponsored by Holy Name of Jesus Youth Group)

#### Monday, April 5th

- Exercise Class
- Pinochle Club
- Alzheimer's Series: Practical Solutions

#### Tuesday, April 6th

- Eucharistic Adoration & Visits
  Men's Club Meeting
  - .....

#### Wednesday, April 7th

- Parish Hospitality: Coffee & Donuts
  - Eucharistic Adoration & Visits
    - Parish Quilting

#### Friday, April 9th

• Senior Ministry Housing Blitz (Last Day to Sign Up for Assistance)

#### Saturday, April 10th

- Breaking Bread with Father Dominic
  - Blood Pressure Screening

#### Sunday, April 11th Second Sunday of Easter

- Celebration of First Communion (At Our Lady of the Rosary Parish Church)
- Sunday Hospitality: Coffee & Donuts
  - Blood Pressure Screening
    - Parish Credit Union

#### **Coming Special Events**

- Senior Wii Spring Bowling League Monday, April 12th
  - Free Community Dinner Saturday, April 17th
  - Ladies Guild Spring Luncheon Saturday, April 24th
- Young At Heart Tour Day
   Wednesday, May 12th
  (Bus and Train Trip to Washington, Missouri)



Were not our hearts burning as he spoke to us on the road ...

... and they recognized him in the **breaking of the bread**.

Gospel of Luke 24: 13-35

Our hope is that you and all those you most dearly love will be deeply and richly blessed in the faith that invites us to want to celebrate Easter.

May the Risen Christ confirm in our hearts true sureness of God's faithful, generous love.

May the Real Presence of Christ among us in scripture and sacrament, strengthen and direct our love for all others.

May our serving you in the name of Jesus, the Christ, always help you know your goodness in the eyes of God and inspire your greatness in love for all others.

Ms. Juanita Blackshear Rev. Mr. Matthew Duban

Mrs. Rose Fox Father Michael Henning

Mr. Steve Jones Mrs. Judy Krenn

Sister Mary Lawrence, SSND Mrs. Theresa McWilliams

Sister Rose Mercurio, SSND Mrs. Sandy Miesner

> Mrs. Buffy Modde Mr. David Vaughn Rev. Mr. George Watson

Hope is not the conviction that something will turn out well, but the certainty that something makes sense regardless of how it turns out.

Vaclav Haval, Poet Former President of the Czech Republic

Can You Imagine ...
The Unexpected as a
Way of Life

London newspaper editor had an unexpected Easter morning visit with a local fisherman. Soon enough he asked him about his faith in the resurrection of Jesus: "How do you know Christ is risen?" Pointing to the cottage windows on the nearby cliffs, the fisherman said, "Sometimes when I'm far out at sea, I know that the sun is risen by the light that is reflected in those cottage windows. How to I know Christ is risen? Well, I see his light reflected in my friends and neighbors faces and I feel the light of his glory in my own life."

The friends of Jesus did not expect an empty tomb. What they were doing was difficult, but also predictable, even required of them. Their love commanded their personal attention to caring for his body. His empty tomb and subsequent appearances changed their lives dramatically, after which they more easily and willingly reflected the light of Christ to others.

This is **theology's X-factor**. Algebra was never my strength. But I did learn that **the key** to a formula like—

 $12(34-14) + x \div 71 =$ 

is **figuring out the value of** *x*. For all of us, answering the question above as well as reflecting more of the love of Christ to others always involves our "puzzling over" — like the women at the tomb — our own unexpected experiences of the love of God in our daily lives.

#### MASS INTENTIONS

MONDAY April 5 8:00am Bob Maier

TUESDAY April 6

**6:30am** Marjorie Henning

**WEDNESDAY April 7** 

8:00am Lloyd Imhoff

THURSDAY April 8

7:00pm Rose Maixner

FRIDAY April 9 8:00am Tim Ferrell

8:00am School Mass at Our Lady of the

Rosary

SATURDAY April 10

**5:00pm** Angelo & Jeannine Biondo

SUNDAY April 11

8:00am Herman Krueger, Sr 10:30am Hurbert Kissel

#### The Northeast Deanery Senior Ministry

welcomes Sister Pat Quinn, CSJ, to lead April's spiritual journey series, Senior Moments. She will be leading a discussion titled, "Just what is it that we celebrate as Easter people?" Attendees are invited to come with their Alleluia hearts as we look at some of the Scriptures and share bits of our own journey. This event is free and will take place on Sunday, April 18th from 1-3pm at St. Sabina (1365 Harkee, Florissant 63031). Ouestions? Contact Katie Lynn at 314-664-9700.





#### **Eucharistic Ministers**

#### **April 10-11**

**5:00pm** Linda Schneider\*, Alma Smith\*, Charlene Taylor, Mary Bardgett, Lynda Brand, Nancy Cooke, Larry Cooke, Barb Ellington, Marilyn Gittemeier-D

8:00am Laura Petroff\*, Pat Stolte\*, Rita Nieman, Bernice Parciak, Sr. Rose, Anne Schwanz, Marie Tabor, Frank Albers, Martin Audrain-D

10:30am Pat Edgar\*, Mary Harris\*, Minnie Huston, Darlene Imhoff, Gina Keppler, Ken Kleinbergm, Bill Krenn, Judy Krenn, Debbie Maue-D



#### LECTORS

#### **April 10-11**

5:00pm Joan Kearns 8:00am Margaret Jackson 10:30am John Kulla





#### **April 5—9**

**8:00am** Katy Moran & Mary Masterson

#### **April 10-11**

**5:00pm** Libby & Grace Modde, & Nicole Williams **8:00am** Bob Seidel

**10:30am** Kailey & Shay Garner & Peter Krenn



#### **April 10—11**

5:00pm Tony & Mary Migliazzo 8:00am Hank & Betty Kondracki

**10:30am** Keppler Family



#### **Teachers Instructions**

What is the Difference?

Write the word Easter Bunny (or draw a picture) on one side of a piece of paper and Jesus on the other side.

During your Easter celebration with family and friends today, ask each person what the difference is between the two.

Write their response under the correct word.
Is Easter about getting candy from the
Easter Bunny?
What do you think?

Do most people know what Easter is really about?

# GOD'S WORD FOR CHILDREN!

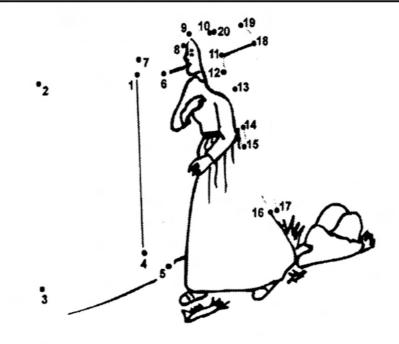
Easter Sunday Year C

April 4, 2010

Mary of Magdala went to the tomb and saw that the stone in front was moved and ran to get the disciples.

Acts 10:34a, 37-43 Col 3:1-4 or Cor 5:6b-8 Ps 118:1-2, 16ab-17, 22-23 Jn 20:1-9 or Jn 41 Lk 24:1-12

Directions: Finish the dot-to-dot of the tomb.







# When the disciples arrived they went into the tomb, saw the burial clothes and knew that Jesus had risen from the dead.

Directions: Draw a picture of yourself in your favorite outfit.

# Mary looked into the tomb and saw two angels sitting where Jesus' body had been.



	Directions:	Draw	an	angel	be.	low
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#### WAYS TO BE GOOD TO YOUR JOINTS BEYOND EXERCISE

A recent article I read talked about being good to your joints so that those who suffer from arthritis can complete everyday activities. Though exercise can help treat symptoms of arthritis, it is the daily routine movements that can often cause flare-ups or discomfort. Being good to our joints beyond exercise can help achieve everyday activities that would normally be difficult to complete.

Taking out the trash, driving to the store, or even just walking around the house can be huge hurdles when dealing with this chronic condition. Simple adjustments can ease the stress and stiffness of your joints, making it easier to get through your day. Here are a few tips and advice for everyday living.

- 1. Keep a disk-shaped, rubber jar opener in the car, then use it when needing to twist off the gas cap when filling up at the filling station.
- 2. Gripping a dust rag can be painful, use a dusting glove. Also, keep cleaning equipment and supplies on all levels of the house.
- 3. Don't worry about fashion when it comes to shoes. You should wear flexible, supportive shoes that are squared or rounded at the toes so your toes can move around.
- 4. Do your best not to live a sedentary lifestyle. Walking is a great way to get started, it is low impact activity, and just thirty minutes a day can lead to a better, overall health. Not only will walking benefit your joints, but it also burns calories, strengthens your muscle, and builds stamina and bones.

Look for more tips on being good to your joints in 2 weeks. In the meantime, join us on Monday mornings in the Community Center for an hour of exercise that helps to loosen up our joints and help us to move easier though out the day.

May the risen Lord breathe on our minds and open our eyes, that we may know him in the breaking of bread, and follow him in his risen life. Office of Readings, Easter Sunday

# HNOJ HEALTH & WELLNESS

Do you have a loved one that is experiencing episodes of memory loss? Do you have a neighbor that has been diagnosed with dementia or Alzheimer's disease? Then this **TALK SERIES** is for you, and all family members affected from your loved one having dementia or Alzheimer's disease. Holy Name of Jesus Health and Wellness Committee, along with speakers from the Alzheimer's Association will present a series of talks geared to caregivers of those experiencing dementia or Alzheimer's disease. Please invite your children, grandchildren, spouses, neighbors, brothers or sisters, anyone who would benefit from this presentation is encouraged to attend.

WHERE—Holy Name of Jesus
Community Center
10235 ASHBROOK DR.
ST. LOUIS, 63137
WHEN—April 5, 2010....
"Practical Solutions"
TIME—7:00PM—8:30PM

Call HNOJ parish nurse with questions, 314-868-2310 ext. 11.

# Attention Eucharistic Ministers to the Sick and Homebound

Sister Rose and I would like to invite you to a presentation titled HEALING PRAYER at the Cardinal Rigali Center on Wednesday, April 21., 2010. The presenter is Fr. Dick Lavoie, a Missionary of La Salette. The presentation begins at 12:30pm, bring your own lunch. Mass will be celebrated at 11:45an at the Cardinal Rigali Center, we will leave church grounds at 11:00am. The presentation is 12:30—2:30. If you are interested in joining us, please call Buffy at 868-2310, ext 11 by April 19th.

Happy Easter Buffy Modde RN, BSN Parish Nurse @ HNOJ

# What kind of Bread Shall We Be?

Presented by: Fr. Dominic Garramone, OSB



Saturday, April 10th 9:00am to 12 noon

Holy Name of Jesus Community Center



Hosted by: Health and Wellness Committee Questions call: 868-2310

The Ladies of Charity of St. Vincent DePaul Parish will host a luncheon and tour of historic churches on April 17. The cost is \$30 per person which includes lunch and transportation to the churches. All tickets are sold in advance of April 10th. Proceeds will go to help the homeless and working poor of St. Louis. For more information call Jan at 773-0206.

The CLN Athletic Association will be hosting Malone's Day on Sunday, April 11 from 11am to 9pm. Please come and join us for lunch or dinner, or even a snack, and a percentage of your bill be help to benefit our sports program. Thank you for your support and see you there!!

#### Marriage Encounter

As you seek to grow closer to God this Easter season, why don't you and your spouse register for a Marriage Encounter Weekend? Call 314-469-7317 or visit www.stlwwme.org to sign up for the April 23 – 25 weekend.

BE COUNTED!!!
DON'T FORGET TO FILL OUT YOUR
CENSUS FORM AND MAIL IT

#### Northeast Deanery Senior Ministry Housing Blitz

With the spring season approaching, some of you may need yard work in your homes. Are you a homeowner 65 of age or older and need assistance with yard work? The Northeast Deanery Senior Ministry will be hosting numerous groups of volunteers. They will be performing yard work, which may include, but is not limited to; raking leaves, cleaning gutters, and trimming bushes. We ask that the homeowner supplies the necessary tools for the task requested (ladders, rakes, lawn waste, etc. To sign up, please contact Philip Calderon at 664-9700 by April 9th.

#### **MUFFINS**

We are in need of baked Mini Corn Muffins for the April 12th presentation by Fr. Dominic. If you could bake a dozen or so and drop them off at the parish office on April 8th or 9th it would be greatly appreciated! Thank You!

#### CATHOLIC SINGLES DANCE

April 24th 8:00pm-Midnight

Sponsored by North County Divorces Catholics
at St. Robert's Parish Hall
1424 Highway 94 South
St. Charles, Mo.
Admission \$12 per person
Includes beer, soda, wine, snacks
Must be over 21

Weekend Retreat for Divorced & Separated Catholics – Friday evening, April 30 thru Sunday afternoon, May 2 at Todd Hall, 320 Todd Center Dr., Columbia, IL 62236. Sponsored by DASK (Divorced & Separated Koinonia ("Community"). A spiritually healing weekend for divorced and separated Catholics; co-sponsored by Diocese of Springfield, IL and approved by Archdiocese of St. Louis. Info and registration call Lee 636-946-7782.

#### TRINITY CATHOLIC HIGH SCHOOL NEWS!

At the annual Academic Challenge Worldwide Youth in Science and Engineering contest held at McKendree University in Lebanon, Il. February 11, the team from Trinity Catholic High School took first place in the Small School Division. The Trinity team now advances to the Sectional contest at Florissant Valley Community College. Trinity defeated Maplewood Richmond Heights and Hancock High School in the Small School Division.

Winning individual awards for Trinity were seniors Alana Schlemmer from St. Angela Merici (1st Chemistry and 3rd in Math), Ryan Mircsov from St. Ferdinand (1st in Engineering Graphics and 3rd in Chemistry), Tim Fries from St. Norbert (1st in Engineering Graphics and 3rd in Computer Science), Matt Juengst from St. Rose Philippine Duchesne (2nd in Engineering Graphics and 3rd in Physics, Amanda Lewandowski from St. Norbert (2nd in English), Ellen Hilmes from St. Ferdinand (2nd in Math), Brett Turnbough from Blessed Teresa of Calcutta (3rd in Physics) and Ed Ross from Christ Light of the Nations (2nd in Physics); sophomores Connor Walsh from St. Angela Merici (1st in Computer Science and 2nd in Chemistry), and Rachel Hunt from Christ Light of the Nations (3rd in Math) and freshmen Mike Taylor for Hazelwood Northwest Middle School (3rd in Biology) and Anna Duban from St. Angela Merici (3rd in English).

#### CATHOLIC SINGLES ALUMNI CLUB

The Catholic Singles Alumni Club is looking for single or married players over 18 to join their slow pitch coed softball league. All skill levels are welcome. Play at Brentwood Park on Sunday afternoons starting in the spring. Interested? Contact Don at 667-9466 or go to www.csacstlouis.org/activities.html

The Catholic Singles Alumni Club is looking for single or married players over 18 to join their co-ed sand volleyball league. All skill levels are welcome. Play at near Ladue and 270 on Wednesday Nights starting in May. Interested? Contact Don.

The Catholic Singles Alumni Club of St. Louis is hosting a singles dance for ages 21-45 on Saturday, April24th from 8-12pm at the Church of the Ascension (230 Santa Maria, 63005) Interested? Please contact Gina at 2223-6660,

The Catholic Youth Apostolate and the Father William Scheid Players will present a spring theater production of Neil Simon's "The Odd Couple" Friday-Sunday, April 9-11, at the Cardinal Rigali Center, 20 Archbishop May Drive in Shrewsbury. Friday and Saturday performances will be at 8 p.m.; Sunday's performance is a 3 p.m. matinee. Tickets are \$10 each. For tickets and information, go online to www.catholicyouthstl.org.

#### Got an old car?

Vinnie's Autos, a program of the Society of St. Vincent de Paul of St. Louis, will be happy to take that old wreck off your hands. Vinnie's Autos is a car donation and transfer program, designed to help people secure basic transportation and improve their lives. Help your neighbors help themselves and get a tax donation too. Call (314) 881-6005 for more information.



Stewardship of Treasure
Your Gifts of Support for
Our Parish Mission

#### Report on Parish Collections

Envelope Offerings\$6,544.73Loose Offerings\$121.19Total Sunday Collection: Parish Support\$6,665.92St. Vincent de Paul Society\$551.00



### PLEASE PRAY for:

Eileen Prose, James Easley, Dave Masterson, Fred Marquart, Peg Warnusz, Scott Pittroff, Lucy Penger, Jo Smith, Virginia Lagermann

In The Hospital...

Joyce Busch, Ed Barfield, Ralph Huez

# Rest in Peace

Please pray for the repose of the soul of all who have died this week. May their souls and all the souls of the faithful departed rest in peace. Amen

#### Northeast Deanery Senior Ministry Spring Bowling League

Join us every Monday starting April 12 from 1:30-3:00pm as the Northeast Deanery Senior Ministry begins its Spring Senior Wii Bowling League. This is a bowling league which travels from parish to parish to compete against the other local senior bowling teams. We will kick off the season at Blessed Teresa of Calcutta (1050 Smith). So please come have fun, socialize, and even get a little exercise while learning to bowl interactively. For more information or to sign up a team, please call Katie Lynn at 664-9700.

#### PRAYER CHAIN



If you or someone you know is in need of prayer, please call either Betty Kondracki @868-0176 or Pat Edgar @868-4143.

If there is anyone who would like to be part of this rewarding ministry, we could always use another prayer partner.

#### **Easter**

"He went about doing good and healing all those oppressed by the devil, for God was with him." ACTS 10:38

As we celebrate the Resurrection of Our Lord, we must realize that in rising from the dead, Jesus declares to us that He is truly God and His way is the real way. His commands are real. We cannot ignore them any longer. We must throw off our chains of greed, materialism and selfishness and rise to a new level of giving and doing good, just as Jesus called us to do so.

Need transportation to Father Corapi's speaking event on SLU's campus on May 1st? The Northeast Deanery Senior Ministry is working with the City of Florissant to provide two, 25-passenger buses to transport seniors. The buses will pick up from the front lot of St. Ferdinand at 1765 Charbonier, 63031 at 6:30am and transport to the Chaifetz Arena. At the end of the event, the buses will pick up seniors from the arena at 6:45pm and return them to St. Ferdinand. The cost for round-trip transportation is \$2/person for Florissant residents and \$4/person for non-Florissant residents. Please call Billy at 664-9700 to reserve your spot now or if you have any questions.

#### **Please Note**

For your information: Mass is celebrated every Tuesday at 10:00am at the Missouri Veterans Home. All are welcome!!

#### LADIES GUILD SPRING LUNCHEON



Holy Name of Jesus Spring Luncheon is coming on Saturday, April 24th in the Community Center. Tickets are \$13 and there is open seating. Please call Mary @868-2492 or Ruth @869-3185 for

tickets or more information

HOLY NAME OF JESUS LADIES GUILD MEETING will be on Monday, April 12th in the Community Center at 7pm. The speaker will be from Southern Illinois University Edwardsville School of Pharmacy to talk about medication awareness and much more. Refreshments will be served. Tickets for the SPRING LUNCHEON will be on sale for \$13. Come and enjoy an evening with your friends. Hope to see YOU there.

#### MEN OF THE PARISH

The Men's Club meeting for April is the 13th not the 6th. Meeting will be at 7:30pm in the Community Center.

#### Young at Heart Trip

Wednesday, May 12th a motor coach will pick us up at church at 7:15am where we will head out to the Amtrak Station in Kirkwood for a fun ride on the train to Washington, MO. When we arrive they will have coffee and donuts waiting for us, after breakfast a tour guide and motor coach will show us around the town. We will go to the Corn Cobb Pipe Factory, St. Francis Borgia church, an Art Studio and a Museum. We will also have lunch at Cowan's Restaurant, home of the mile high pie! We will have a choice of beef or fried chicken and of course a piece of their famous pie.

We will head home on a motor coach and should arrive around 5:00pm. The cost of the trip will be \$76 per person, which includes all of the above plus taxes and gratuities. Please have your money to us by March 28th. We need at least 30 people to make this trip go. Please join us for some fun! For more information call Marcella Hodge at 869-0150.

#### Stewardship Advice from Archbishop Carlson

On January 19, Archbishop Carlson met with more that 325 pastors and parish leaders from around the Archdiocese to share with them his personal vision of stewardship. As part of his presentation, the Archbishop encouraged all Catholics of the Archdiocese to take stewardship seriously. He explained, "If we are going to take stewardship seriously, we need to pray seriously, as individuals, families and parish communities. God has to be first in our lives, and we need to seek His direction, His will, for everything that we do." The Archbishop recommended that we get in the habit of daily praying some very simple stewardship prayers.

Lord, what do You want me to do with all the gifts you have given me-

Including my time, my talents and my material things?

Lord how would You like me to become more fully involved in the life of Your Church?

Lord, how would you like me to payback all the gifts You have given me?

Lord, what do You want me to do with all the gifts You have given me?

Archbishop Robert J. Carlson January 19, 2010

Our parish recommends that you make one or more of these prayers a part of your prayer life.

- \* Write it on a post-it note and stick it on your bathroom mirror or refrigerator door.
- \* Type it at the top of your "to-do" list.
- \* Include it in your family prayer before meals.
- \* Ask yourself one of these questions every morning as you drive to work. Archbishop Carlson also suggested that Catholics could make these prayers more personal by naming particular times, talents or financial resources. For example, we could ask God what He would like us to do with a day off, with a particular skill or with a financial blessing—such as a tax refund or a bonus. The point is to make these prayers your own and you will find yourself living your life more fully for God every day.