

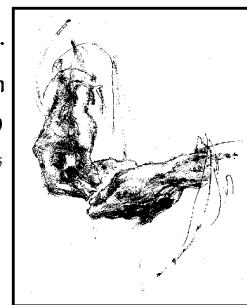
IHS

Were not our hearts burning as he spoke to us on the road ...

And they recognized him

IN THE BREAKING OF THE BREAD

Gospel of Luke 24: 13-35



## Holy Name of Jesus Catholic Church

10235 Ashbrook Drive, Saint Louis, Missouri, 63137

314.868.2310 Fax 314.868.3919

## Parish Pastoral Leadership

Father Michael Henning

Pastor

mickeylee48@sbcglobal.net

Sister Rose Mercurio, SSND

Pastoral Associate

rossessnd@sbcglobal.net

Ms. Juanita Blackshear

Director of Administration &amp; Programs

jblackshear52@sbcglobal.net

Mrs. Buffy Modde

Parish Nurse

parishnurse.hnoj@sbcglobal.net

Mrs. Theresa McWilliams

Director of Music

tmacwms@sbcglobal.net

Deacon George Watson

Permanent Deacon

hgwatson@msn.com

Deacon Matthew Duban

Permanent Deacon

meduban@sbcglobal.net

Mrs. Judy Krenn

Youth Ministry Coordinator

judykrenn@aol.com

Christ Light of the Nations  
Catholic School

1650 Redman Avenue

St. Louis, Mo. 63138, 314.741.0400

Sister Mary Lawrence, SSND

Principal

Sr\_mary@charter.net

## Parish Support Staff

Mrs. Sandy Miesner

Parish Secretary

parishoffice10235@sbcglobal.net

Mr. Steve Jones

Maintenance Coordinator

Mr. David Vaughn

Parish Custodian

Mrs. Rose Fox

Rectory Housekeeping

## Parish Pastoral Council

Patrick Barrett 314-388-2439

Betty Easley 314-388-0263

Gina Keppler 314-868-4824

Judy Mantch 314-868-7995

Anna Petroff 314-869-2936

Ted Piekutowski 314-355-7288

Judi Sams 314-869-2589

Bob Stolte 314-869-8147

## Weekend Mass Schedule

Saturday 4:00 pm Standard Time

5:00 pm Daylight Time

Sunday 8:00am, 10:30am

## Daily Mass Schedule

6:30 am Tuesday/Thursday

8:00 am Monday/Wednesday/Friday

8:00 am Wednesday/Thursday

Christ Light of the Nations School

Check the Bulletin each week

for schedule changes.

## Holy Days of Obligation

8:00 am, and 7:00 pm

## Civil Holidays 9:00 am

## Sacrament of Reconciliation

Saturdays 2:30-3:30 (CST);

3:30-4:30 (CDT)

Advent & Lent Reconciliation  
Services

By appointment at any time—

call priest directly.

## Liturgy of the Hours

7:35am Monday/Wednesday/Friday

## Eucharistic Adoration

7:00am Tuesday-midnight

Wednesday

## Becoming a Catholic Christian

The parish has a year-round/on-going process to assist adults in becoming Catholic. It also has a special program for older unbaptized children. Both can start any time. Call Deacon George (868-2310) for further information

## Sacrament of Marriage

Engaged couples begin preparation for the Sacrament of Marriage at least 6 months before their wedding.

Please remember—a wedding date will not be scheduled until the assessment of their readiness for the Sacrament of Marriage has been completed. Contact the rectory for more information. Weddings are not scheduled during the Season of Lent.

## Anointing of the Sick

The sacrament is for those having surgery, the seriously ill, the chronically ill, and those near death. If you know in advance that you are going to the hospital, call one of the priests to arrange for anointing at home or church. In addition the sacrament is celebrated at church on the first Saturday of the month after evening Mass and on the third Sunday of the month after 8:00 Mass. It may be repeated as needed.

A PLEDGE TO  
PARISH LIFE

My parish is composed of people like me. I help make it what it is. It will be friendly, if I am. Its pews will be filled, if I help fill them.

It will do great work, if I work. It will make generous gifts to causes, if I am a generous giver.

It will bring other people into its community, if I invite and bring them.

It will be a parish of loyalty and love, of fearlessness and faith, and a parish with a noble spirit, if I, who make it what it is, am filled with these same things.

Therefore, with the help of God, I shall dedicate myself to the task of being all the things that I want my parish to be.

# IHS

## Highlights of Life in Our Community Our Parish Life

### Good for You - Good for Others

*Details in your bulletin or Parish Directory.  
Being involved insures the vitality of our parish.*

**Sunday, May 30th**

### **The Solemn Feast of the Holy Trinity**

- Parish Credit Union
- St. Patrick's Center Casserole Program

**Monday, May 31st**

### **Memorial Day Holiday**

**Parish Office Closed**

- 9:00am Memorial Day Mass

**Tuesday, June 1st**

- Eucharistic Adoration & Visits
  - Zumba Exercise Class
  - Just Faith Group Program

**Wednesday, June 2nd**

- Parish Hospitality: Coffee & Donuts
  - Eucharistic Adoration & Visits
    - Parish Quilting

**Thursday, June 3rd**

- Eucharistic Adoration & Visits
  - Parish Quilting

**Saturday, June 5th**

- Sacrament of Penance

**Sunday, June 6th**

### **The Solemn Feast of Corpus Christi**

- Parish Credit Union

## Coming Special Events

- **Senior Ministry Work Groups**  
**June 14th through June 26th**

*Contact Whitney by June 4th—314-664-9700*

- **Men's Annual White House Retreat**  
**Thursday—Sunday, June 24th—27th**

- **Parish 5th Anniversary Celebration**  
**Saturday, July 24th**

*Archbishop Carlson will be with us  
for Mass at 5:00pm*

*followed by Dinner in the Community Center.  
More details in the coming weeks.*



## THIS WEEK I CONTINUED TO MEET WITH PARISH LEADERS

about how we can “organize” parish leadership and ministry to accomplish our “religious” purpose for being here. Our future depends on making good, effective

decisions. I believe that these “conversations” will be both a challenge but also an opportunity. Parishes **organize** in order to help people channel spiritual energy in ways that will be healthy and holy for them, their parish, and the world beyond. This is a **sign of Christ’s call to discipleship**, “conserving” and “ensuring” that our Church will be the real presence of Christ in this community. Parishes are also a **sign of Christ’s call to conversion**. In order to fulfill this religious purpose, parish **catechize**—always looking for ways to encourage people to encounter God in potentially soul-shaking ways. This call to be transformed and to be the instrument of God’s transforming love is the “disturbing” and the “life-giving” function of a parish. When we truly meet Christ we are changed.

*Every pastor needs effective means  
of consulting with parish leaders  
and members,  
and every parishioner has the  
right and responsibility  
to participate in decision making  
that affects their well-being.*

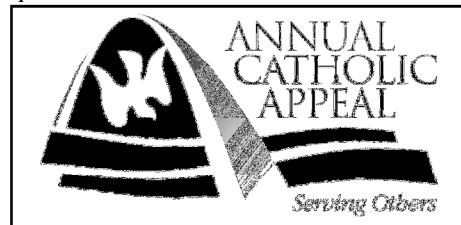
## IN SCHOOL WE ONLY GRADUALLY MASTER BITS AND PIECES OF KNOWLEDGE.

Most of our learning relies on interaction with others. The most complete learning happens in a **community of learners**. In fact, the very presence of others is itself a continual learning process. The stronger the community, the greater God’s presence is revealed among us.

*Through Jesus Christ  
we have gained access by faith to the  
grace in which we now stand, and  
we boast of our hope  
for the glory of God.*

*St. Paul’s Letter to the Romans 5:2*

**So what do we have to be for one another?** Love poured out. Truth that guides. Joy that celebrates the goodness of all creation, all persons.



*All Annual Catholic Appeal  
contributions are restricted for  
Education, Pastoral Programs, and  
Charitable Services and Ministries that  
assist our parish and people throughout  
the community.*

**DO THIS ... IN MEMORY OF ME.** By **participating** in the Annual Catholic Appeal we are in **solidarity with** those who suffer need of any kind. Every year through the Appeal our **Catholic community witnesses** to one fact: *“This is how all will know that you are my disciples, if you have love for one another”* (John 13:35).

As of May 18th we have collected **\$40,994** (77.3%) in gifts and pledges towards a Challenge Goal of **\$53,026**. We are also have **24 new donors** hoping to reach a goal of **50** parish members who did not participate last year or in recent years. Last year our parish received **\$71,738** for **our school’s** operations and student activities. We also indirectly benefited through many of the Archdiocesan services available for our needs. Continue to pray the ministries of our Church and to offer your financial support as best you can according to your means.

**My deepest thanks for your most evident stewardship** in support of our parish and the Church of St. Louis.

## MASS INTENTIONS

<b>MONDAY</b>	<b>May 31</b>
<b>9:00am</b>	Dolores Altgilbers
<b>TUESDAY</b>	<b>June 1</b>
<b>6:30am</b>	Regina Grothoff
<b>WEDNESDAY</b>	<b>June 2</b>
<b>8:00am</b>	Josephine Bradley
<b>THURSDAY</b>	<b>June 3</b>
<b>6:30am</b>	Eleanor Mannisi
<b>FRIDAY</b>	<b>June 4</b>
<b>8:00am</b>	Lucie Penger
<b>SATURDAY</b>	<b>June 5</b>
<b>5:00pm</b>	William Hodge
<b>SUNDAY</b>	<b>June 6</b>
<b>8:00am</b>	Gert & Vern Uhlenbrock
<b>10:30am</b>	Mary Otto

Time with the Blessed Sacrament in the Eucharistic Adoration Chapel is so rewarding. If you feel the urge to spend an hour of quiet time with Our Lord, there is a need for someone on Tuesday afternoons from noon to 1pm each week. Please contact Linda Schneider at 868-2374 if you are interested.

## Attention Eucharistic Ministers

Please advise Linda Schneider at 868-2374 of any vacations that you are planning so you will not be scheduled as Extraordinary Minister of Holy Communion. Thank You

**Eucharistic Ministers****June 5-6**

**5:00pm** Alma Smith\*, Charlene Taylor\*, Mary Bardgett, Lynda Brand, Nancy Cooke, Larry Cooke, Barb Ellington, Marilyn Gittemeier, Dee Hooser-D

**8:00am** Betty Kondracki\*, Karen Kulla\*, Shirley Loy, Merry Marguart, Mary Masterson, Sr. Rose, Rita Nieman, Bernice Parciak, Laura Petroff-D

**10:30am** Jeanne Field\*, Lori Garner\*, Mary Harris, Minnie Huston, Darlene Imhoff, Gina Keppler, Ken Kleinberg, Bill Krenn, Judy Krenn-D

**LECTORS****June 5-6**

**5:00pm** Carol Oldendorf  
**8:00am** Margaret Jackson  
**10:30am** Sr. Charlene Zeisset

**Mass Servers****May 31—June 2-4**

**8:00am** Jo Ann Dougherty & Bob Seidel

**June 5-6**

**5:00pm** Jonah Durbin, Jackson Compas & Terry Stocking

**8:00am**  
**10:30am** Kailey & Shay Garner & Peter Krenn

**Gift Bearers****June 5-6**

**5:00pm** David & Ruth Oppy  
**8:00am** Kathy & Karen Uhlenbrock & Anne Schwanz  
**10:30am** Jim & Joan Cuidon



## Teachers Instructions

### Mary Prayer

Here is a prayer you can pray to Mary.

Remember, O most gracious Virgin  
Mary,  
that never was it known that anyone  
who fled to your protection,  
implored your help or sought your  
intercession,  
was left unaided.

Inspired with this confidence,  
I fly to you, O Virgin of virgins, my  
Mother;  
to you do I come, before you I stand,  
sinful and sorrowful.

O Mother of the Word Incarnate,  
despise not my petitions,  
but in your mercy hear and answer me.

Amen.

# GOD'S WORD FOR CHILDREN!

The Most Holy Trinity Year C

May 30, 2010

*God sent his Son to save us.*

Prv 8:22-31

Ps 8:4-9

Rom 5:1-5

Jn 16:12-15

Directions: Color the picture of Jesus.



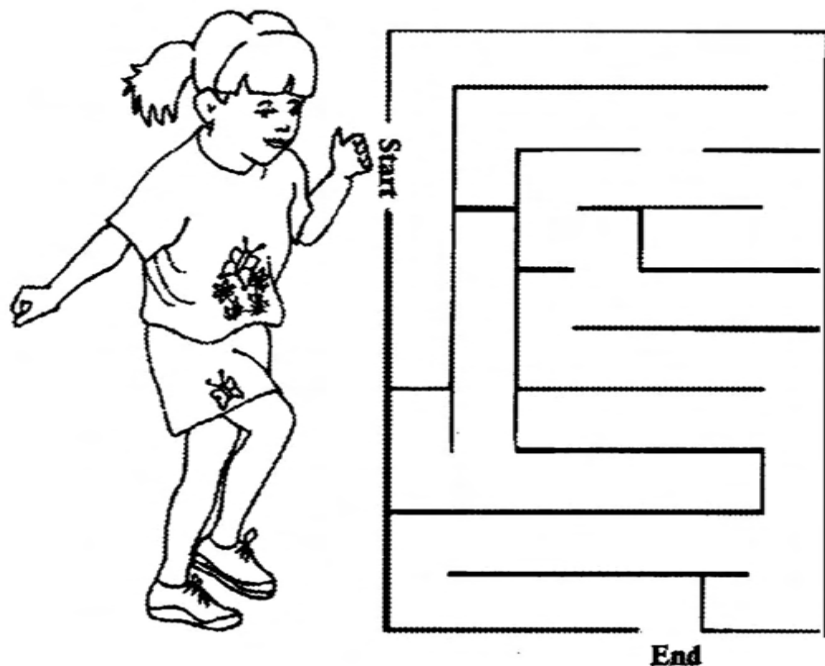
*Pastoral*  
SOLUTIONS

160 Old State Road • Ballwin, Missouri 63021  
phone 636.394.7000 • toll free 800.876.7000 • fax 636.394.2501



*God sent the Holy Spirit to guide us  
to the truth.*

Directions: Guide the girl through the path.



*The Spirit will help us understand what Jesus  
has said and the message that  
has come from the Father.*



Directions: Decode the message below.

8 15 12 25

20 18 9 14 9 20 25

#### LETTER CODE

A=1	B=2	C=3	D=4	E=5
F=6	G=7	H=8	I=9	J=10
K=11	L=12	M=13	N=14	O=15
P=16	Q=17	R=18	S=19	T=20
U=21	V=22	W=23		
X=24	Y=25	Z=26		

## CAN YOU HEAR ME NOW?

### SIGNS OF HEARING LOSS

If the person you're caring for, or your spouse or significant other doesn't always answer your questions, they are most likely not ignoring you.....they probably have some degree of hearing loss. Gradual hearing loss as one ages—*presbycusis*(*prez-buh-KYOO-sis*)—is common among older adults. About one third of those ages 65 to 74 and almost half of those 75 and older have some degree of diminished hearing.

*Tinnitus*(*tin-NY-tus*), also common among older adults, is a ringing, hissing, or roaring sound in the ears, frequently triggered by exposure to loud noise or certain medications.

Hearing problems can creep up almost undetected, but if ignored or untreated, they're likely to get worse. If detected, though, treatments are available to tackle this problem. Others often pick up on hearing problems before the person experiencing the problem actually does.

*The following could be cues that an older adult is having a hard time hearing, listen and watch.*

- They ask others to speak more slowly, clearly, or loudly, or to repeat themselves.
- They may have difficulty understanding words in a restaurant, in a crowd of people, or if more than one person is talking.
- They may have muffled speech or may mumble.
- They need to turn up the volume of the radio or TV
- They have trouble understanding people on the telephone.
- You may see them strain to follow a conversation, they may misunderstand or respond inappropriately, or say that others' speech sounds are distorted.
- Complain of a ringing, roaring or hissing sound.
- Have difficulty understanding the speech of women and children.
- They may say that some sounds seem to loud.
- You may catch them reading lips, or they more intently watch peoples faces when they speak.
- Withdraw from or avoid conversation.
- Have unexplained irritability, anger, stress, nervousness, negativity, embarrassment or depression.

Admitting that you have hearing loss can be embarrassing, but is a normal phase of aging. Not to mention it is so easy to fix! If you notice any of the above symptoms, schedule an appointment with the doctor for a hearing test. Your doctor may refer you to an *audiologist*, or hearing specialist, for other hearing tests to identify and measure hearing loss. Or he may refer you to an *otolaryngologist*(*oh-toe-lair-GAH-luh-jist*), doctor/surgeon that specializes in the ear, nose, throat and neck. This doctor can determine the reason for the hearing loss and what the best solution is to fix the loss.

Peace in Christ,

Buffy Modde RN

Parish Nurse @HNOJ



Each year, **Cardinal Glennon Children's Medical Center** cares for thousands of children who might not otherwise receive such expert medical care. Please be a friend by making a gift to the hospital's annual Glennon Sunday Collection on June 5-6 or mail your check, payable to Cardinal Glennon Children's Medical Center, directly to: *Glennon Sunday Collection, 1465 South Grand Boulevard, St. Louis, MO. 63104*

### Northeast Deanery Senior Ministry: Summer Work Groups

With the spring nearly over and summer upon us, housework is in season! Are you 65 or older and need assistance with home maintenance? Northeast Deanery Senior Ministry will be hosting groups of ChristPOWER volunteers during the weeks of June 14th and June 21st. These groups will be performing exterior and interior work such as raking leaves, trimming, basement organizing, mattress flipping, or window washing. We ask that the homeowner supplies the necessary tools or supplies for the task(s) requested and to have interior projects in case of rain. To sign up please contact Whitney or Katherine at 314-664-9700 by **June 4th**.

## ZUMBA, ZUMBA, ZUMBA... ..

**Zumba class begins at 6:00PM**

**Holy Name of Jesus Community Center**

**Wear comfortable clothes and bring water!**

**Everyone is invited!**



## Vatican Splendors A Journey Through Faith and Art

**May 15th – September 12th, 2010**

*One of the largest collections of Vatican art, documents and historically significant objects touring North America in St. Louis*

The Missouri History Museum hosts this Midwest exhibition of approximately 200 rare works of art and historically significant Objects. Many have never left the Vatican or been on public view before. Taken together these works explore how the papacy has influenced – and been influenced by – the world throughout the centuries.

Vatican art, history, culture and religion are presented through extraordinary works by masters including Michelangelo, Bernini, Giotto and Guercino, and objects dating back to the first century. From the venerated relics of St. Peter and St. Paul to Michelangelo's art and tools used on the Sistine Chapel.

### Experience 2,000 Years of Vatican Art and History

A \$2 discount per ticket is available on purchases made before June 30th, 2010. There are additional discounts for groups of 15 or more.

When ordering by phone or in person at the Museum box office mention our parish name to receive your discount.

When ordering on line through [www.mohistory.org](http://www.mohistory.org) or Ticketmaster.com use the code word: Parish for discounts.

## CITY OF BELLEFONTAINE NEIGHBORS YOUTH COMMISSION

### Children's Fishing Derby

Saturday June 5<sup>th</sup> from 8:00 a.m. to 10:30 a.m. at the Missouri Veterans Home 10600 Lewis & Clark Blvd (turn left immediately after entering driveway). The Derby is free for kids ages 5 thru 14. A parent/guardian must accompany each child. Bring your own pole and bait. Refreshments and attendance prizes will follow.

### LOST

If anyone has found a crystal bead rosary in church or surrounding area, please call Ginny at 867-0655 or the parish office at 868-2310

## Rest in Peace

Please pray for the repose of the soul of all who have died this week. May their souls and all the souls of the faithful departed rest in peace. Amen



**The City of Bellefontaine Neighbors,  
The Fort Belle Fontaine American Legion Post  
#335 and the Santa Cruz Council Knights of  
Columbus will hold the 12th Annual Memorial  
Day Service on Monday, May 31st, 10:00am at  
Klein Park, Bellefontaine and Chambers Roads.**

In case of rain, the service will be held at American  
Legion Post 335, 11869 /Raymond Road  
St. Louis County

**Holy Name of Jesus Ladies Guild Meeting** will be on Monday, June 14th in the Community Center. It will be a POT LUCK DINNER. Please bring a salad or dessert, we provide the meat. For Reservations call Mary at 868-2492. Dinner at 6pm. Following dinner we will watch a dance performance by our very own Deacon George and company. This will be our last meeting until September. Bring a friend. Hope to see YOU!

### Attention Men of the Parish

We will hold a Washer Tournament before the Men's Club meeting on June 8th beginning at 6pm. There will be a \$10 fee to participate in the tournament. Cash prizes will be awarded. There also will be a BBQ provided by Don Merz. Our regular monthly meeting will begin at 7:30pm. ALL MEN OF THE PARISH ARE WELCOME!



### ATTENTION LADIES

We have accumulated extra dishes from the several funeral luncheons we recently have hosted. If you are missing one of your favorite plates, bowls, etc., take time to stop by the community center and check if any of them belong to you. Thank You

### St. Gertrude Church (Krakow, Missouri) is

holding its annual Parish Picnic on Sunday, June 6th. This is a delicious fried chicken and roast beef dinner served in the Parish Center from 11:00am to 6:00pm. The cost of the meal is: Adults—\$9; children (6-12) \$4.50 ; and children (under 6) free. Carryouts are \$9 per person. There is also a Country Store, a home-made quilt raffle, picnic games/activities, refreshments, fun, etc., on the picnic grounds. **Valet parking is available for those requiring handicapped parking access at the Parish Center.**

St. Gertrude is located on Highway YY, off of Highway A, between Washington and Union, Missouri.

### Do you ever wonder how to live your faith in today's complex world?

Living our faith and understanding today's challenges takes reflection, study, prayer and community. All of these are offered in the JustFaith program, an intensive program that helps answer these questions. Consider joining a group that starts this fall. Come learn more on Saturday morning, June 26, at St. Patrick Center. See [www.ccstl.org](http://www.ccstl.org) for a registration form or contact Pat Dougherty at 314-504-3669 or [pdougherty@ccstl.org](mailto:pdougherty@ccstl.org). We expect the workshop to sell out so please register early.

You are invited to join us for Mass to celebrate the Feast of St. Charles Lwanga and Companions on June 3rd at 6:30pm, St. Elizabeth, Mother of John the Baptist (Shreve and Carter Avenues), adjacent to the Lwanga Center. Fr. Art Cavitt will be the Celebrant. Concelebrants are asked to bring red vestments. Two women recently back from Uganda, Africa (Sr. Liz Peplow and Heather Cammarata) will present a gift to the Lwanga Center from Uganda and show a short video entitled The Living Loan— which shows how a Cow Project is helping Ugandan families move out of poverty to become self-sustaining. It also shows us how we can help. For further information, please feel free to call the Center at 367-7929, email [info@lwangacenter.org](mailto:info@lwangacenter.org), or visit our website at [www.archstl.org/lwangacenter](http://www.archstl.org/lwangacenter).

### Society of St. Vincent de Paul

New Thrift Store Coming to North County! Opening June 2010 at 10052 West Florissant Ave., Dellwood. We need your help. We're looking for volunteers to help us staff the store. Come to an organizational/ orientation meeting Sat., June 5<sup>th</sup>, 10 a.m. at the store location. Or for more information, contact Molly Corcoran Kertz at [mollyk@svdpst.org](mailto:mollyk@svdpst.org) or 314/881-6032.

### MAY 31

Monday is Memorial Day. Mass will be celebrated at 9:00am. The parish office will also be closed.





*Stewardship of Treasure*  
**Your Gifts of Support for  
 Our Parish Mission**

#### Report on Parish Collections

Envelope Offerings	\$5,395.63
Loose Offerings	\$142.00
<b>Total Sunday Collection: Parish Support</b>	<b>\$5,537.63</b>
St. Vincent de Paul Society	\$126.00

#### **Resident Openings at Little Sisters of the Poor**

The Little Sisters of the Poor have been given approval from the State of Missouri to add more nursing home beds to their long-term care facility. This has resulted in openings in both our nursing home and independent retirement areas. The mission of the Little Sisters of the Poor is to welcome the elderly poor into their home as they would Jesus Christ himself, and serve them with love and respect until death. A resident must be at least 60 years of age and have limited financial resources to be considered. If you or someone you know might be interested, please call 314-421-6022 and ask to speak to Marsy Canino, RN, BA, in Social Services.



**PLEASE PRAY for:**

Marlyse Rieben, Otto Rieben, Laura Williams,  
 Catherine Novotny, James Woolbrink, Melba  
 Krankeola, Pep Tebeau, Homer Zigler,

***In The Hospital...***

Marge Tremmel, Ron Strunk, Pat Huhmann,  
 George Murphy

#### **Please Note**

**For your information: Mass is celebrated every  
 Tuesday at 10:00am at the Missouri Veterans  
 Home. All are welcome!!**



#### **PRAYER CHAIN**

If you or someone you know is in need of prayer, please call either Betty Kondracki @868-0176 or Pat Edgar @868-4143.

If there is anyone who would like to be part of this rewarding ministry, we could always use another prayer partner.

#### **Trinity Sunday**

*"But when he comes, the Spirit of truth, he will guide you to all truth." JOHN 16:13*

*Jesus sent the Holy Spirit to help us know the truth about your stewardship? Are you sharing your time and talent with God and others? Do you give a fair amount of your treasure to do the work of the Lord? Can you hear the Spirit's answer to those questions in your heart now? What more is He calling you to do?*

**Attention Men of Holy Name of Jesus** Are you ready for more life? Searching for a greater depth in life? Gather with other searchers and seekers on a White House Retreat, the Jesuit retreat house overlooking the Mississippi River. The retreat begins at 6:00pm on Thursday June 24 and ends at 2:00pm on Sunday, June 27. The Lord invites each person He loves to "come aside and rest a while." To join group call Bob Stolte at 314-869-8147

Vinnie's Autos, a program of the Society of Saint Vincent de Paul of Saint Louis, is a car donation and transfer program designed to help individuals and families secure basic transportation to facilitate economic empowerment and enhanced health and safety. Please help your neighbors help themselves and get a nice tax deduction at the same time. Please call Greg Marino, Vinnie's Autos coordinator, at 314-881-6005, if you would like to learn more about the program and discuss making a donation.



Tues 1st	6-7pm	Zumba Class	CC
	7pm	Just Faith	POC
Wed 2nd	9am	1st Wednesday Coffee/Donuts	CC
	9am	Quilting	CC
Sat 5th	6pm	Anointing of the Sick	C
Mon 7th	9am	Exercise Class	CC
	1pm	Pinochle Club	CC
Tues 8th	6-7pm	Zumba Class	POC
	7pm	Women's Prayer	C
	7:30pm	Men's Club Meeting	CC
Wed 9th	4pm	Room at the Inn	POC
	7pm	Health & Wellness Meeting	POC
Thurs 10th	7pm	Fall Festival Meeting	POC
Mon 14th	9am	Exercise Class	CC
	7pm	Ladies Guild Pot Luck Meeting	CC
Tues 15th	6-7pm	Zumba Class	CC
Sun 20th		FATHER'S DAY	
	9am	Anointing of the Sick	C
Mon 21st	9am	Exercise Class	CC
Tues 22	6-7pm	Zumba Class	CC