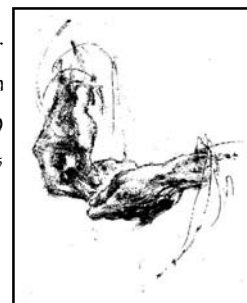


IHS

Were not our hearts burning as he spoke to us on the road ...
 And they recognized him
 IN THE BREAKING OF THE BREAD
 Gospel of Luke 24: 13-35



Holy Name of Jesus Catholic Church
 10235 Ashbrook Drive, Saint Louis, Missouri, 63137
 314.868.2310 Fax 314.868.3919

Parish Pastoral Leadership

Father Michael Henning
 Pastor

mickeylee48@sbcglobal.net

Sister Rose Mercurio, SSND

Pastoral Associate

rosessnd@sbcglobal.net

Mrs. Juanita Blackshear

Director of Administration & Programs

jblackshear52@sbcglobal.net

Mrs. Buffy Modde

Parish Nurse

parishnurse.hnoj@sbcglobal.net

Mrs. Theresa McWilliams

Director of Music

tmacwms@sbcglobal.net

Deacon George Watson

Permanent Deacon

hgwatson@msn.com

Deacon Matthew Duban

Permanent Deacon

meduban@sbcglobal.net

Mrs. Judy Krenn

Youth Ministry Coordinator

judykrenn@aol.com

Gina Keppler 314-868-4824

Judy Mantch 314-868-7995

Anna Petroff 314-869-2936

Ted Piekutowski 314-355-7288

Judi Sams 314-869-2589

Bob Stolte 314-869-8147

Weekend Mass Schedule

Saturday 4:00 pm Standard Time

5:00 pm Daylight Time

Sunday 8:00am, 10:30am

Daily Mass Schedule

6:30 am Tuesday/Thursday

8:00 am Monday/Wednesday/Friday

8:00 am Wednesday/Thursday

Christ Light of the Nations School

Check the Bulletin each week

for schedule changes.

Holy Days of Obligation

8:00 am, and 7:00 pm

Civil Holidays 9:00 am

Sacrament of Reconciliation

Saturdays 2:30-3:30 (CST);

3:30-4:30 (CDT)

Advent & Lent Reconciliation

Services

By appointment at any time—

call priest directly.

Liturgy of the Hours

7:35am Monday/Wednesday/Friday

Eucharistic Adoration

7:00am Tuesday-midnight

Wednesday

Becoming a Catholic Christian

The parish has a year-round/on-going process to assist adults in becoming Catholic. It also has a special program for older unbaptized children. Both can start any time. Call Deacon George (868-2310) for further information

Sacrament of Marriage

Engaged couples begin preparation for the Sacrament of Marriage at least 6 months before their wedding. Please remember—a wedding date will not be scheduled until the assessment of their readiness for the Sacrament of Marriage has been completed. Contact the rectory for more information. Weddings are not scheduled during the Season of Lent.

Anointing of the Sick

The sacrament is for those having surgery, the seriously ill, the chronically ill, and those near death. If you know in advance that you are going to the hospital, call one of the priests to arrange for anointing at home or church. In addition the sacrament is celebrated at church on the first Saturday of the month after evening Mass and on the third Sunday of the month after 8:00 Mass. It may be repeated as needed.

A PLEDGE TO PARISH LIFE

My parish is composed of people like me. I help make it what it is. It will be friendly, if I am. Its pews will be filled, if I help fill them.

It will do great work, if I work. It will make generous gifts to causes, if I am a generous giver.

It will bring other people into its community, if I invite and bring them.

It will be a parish of loyalty and love, of fearlessness and faith, and a parish with a noble spirit, if I, who make it what it is, am filled with these same things.

Therefore, with the help of God, I shall dedicate myself to the task of being all the things that I want my parish to be.

Christ Light of the Nations Catholic School

1650 Redman Avenue
 St. Louis, Mo. 63138, 314.741.0400

Sister Mary Lawrence, SSND

Principal

Sr_mary@charter.net

Parish Support Staff

Mrs. Sandy Miesner

Parish Secretary

parishoffice10235@sbcglobal.net

Mr. Steve Jones

Maintenance Coordinator

Mr. David Vaughn

Parish Custodian

Mrs. Rose Fox

Rectory Housekeeping

Parish Pastoral Council

Patrick Barrett 314-388-2439

Betty Easley 314-388-0263



Highlights of Life in Our Community
Our Parish Life

Good for You - Good for Others

*Details in your bulletin or Parish Directory.
 Being involved insures the vitality of our parish.*

Sunday, November 21st
Feast of Christ The King

- Parish Credit Union

Monday, November 22nd

- Exercise Class
- Senior Wii Bowling League
- Children's Bereavement Program
St. Ferdinand Parish, Florissant, Missouri

Tuesday, November 23rd

- Eucharistic Adoration & Visits

Wednesday, November 24th

- Eucharistic Adoration & Visits
 - Parish Quilting
 - Zumba Class

Thursday, November 25th

Thanksgiving Mass at 9:00am
 Parish Office Closed

Friday, November 26th

Parish Office Closed

Saturday, November 27th

- Sacrament of Penance

Sunday, November 28th

First Sunday of Advent

- Parish Credit Union

Coming Special Events

ADVENT PENANCE SERVICE

Tuesday, December 7th, 7:00pm

*Joint Celebration with Our Lady of the Rosary Parish
 Celebration of 1st Reconciliation of Children*

LADIES GUILD CHRISTMAS PARTY

Monday, December 13th, 7:00pm

CHRISTMAS CONCERT

Christ Light of the Nations School

Monday, December 20th, 7:00pm

At Trinity Catholic High School

Thanksgiving Collection for St. Vincent de Paul

The offertory gifts at the Thanksgiving Day Mass will benefit our St. Vincent de Paul Society.

We invite you to share your blessings with the needy in our community. Through August, we have helped 1,498 families with utilities and/or food from our food pantries in Jennings and Bellefontaine Neighbors. At the offertory, place your gifts of food or money in the baskets at the communion rail. If you're not able to bring the offering up yourself, have someone bring it up for you or put in in the basket before or after Mass.

We thank you for your wonderful generosity which makes our ministry possible. May He bless you and keep you in His loving care always.

Northeast County Senior Ministry offers Advent Day of Prayer

A Holy Day of Obligation with Mass, fellowship and prayer service

You are invited to worship and celebrate the Immaculate Conception and the start of the Advent season with the Northeast County Senior Ministry at an Advent Day of Prayer on Wednesday, December 8, 2010. Join us at Mass to honor the Immaculate Conception at Blessed Teresa of Calcutta (1050 Smith Ave, Ferguson) at 11am, with lunch following in the gymnasium. A message from Fr. Ron Chochol, who will be leading the afternoon of Prayer after lunch: "The focus of our time together on December 8th will be "The Gifts of Advent." At this time of year the gifts we usually think about are Christmas gifts, given and received. I want to draw your attention elsewhere. At this point you might be asking yourself: what are the gifts of advent. Come and find out. Share some quiet time, some prayer, some reflections, and some gifts of mind and heart. I hope to see you there."

"Journey to Bethlehem" at the National Shrine of Our Lady of the Snows with the Northeast County Senior Ministry

Experience the "Way of Lights" display at Our Lady of the Snows on Wednesday, December 1st. The evening trip will depart from Sacred Heart (751 N. Jefferson, Florissant) at 4pm to arrive at the shrine by 5pm. Upon arrival, enjoy dinner from the buffet or from the menu at the restaurant located on site at your own cost. Explore the nightly activities, including the Tree Room, Wreath Auction and more. Afterward, experience a scriptural "Journey to Bethlehem", surrounded by 1.7 million lights, art displays and life-size biblical statues. We will return home no later than 8:30pm and the cost is \$5 to cover transportation. To RSVP, please call Amy at 774-9700 by Monday, November 29th.

MASS INTENTIONS

MONDAY	November 22
8:00am	Alberta & William Franklin
TUESDAY	November 23
6:30am	Marjorie Henning
WEDNESDAY	November 24
8:00am	Marie Bird
THURSDAY	November 25
9:00am	Andrew Maixner
FRIDAY	November 26
8:00am	Irene & John Galkowski
SATURDAY	November 27
4:00pm	Lottie Phelps
SUNDAY	November 28
8:00am	Gus & Phyllis Mercurio
10:30am	Herman Krueger, Sr.

**Health Advisory
It is That Time of Year Again**

Your commitment to Mass is a sign of the vitality of our parish. However, for the health of our whole community, if you are not feeling well, be attentive to these recommendations:

Don't Come to Church:

- With a fever-be fever free for 24hrs
- When you're not feeling well-achy, tired, sore throat, no energy
- When you're coughing and sneezing a lot with a runny nose or headache

When You Do Come To Church:

- Use hand sanitizer at church entrances
- With slight symptoms of or flu-
 - *Don't take communion from the cup
 - *Offer the sign of peace with a friendly wave or simple bow

Thank you for your cooperation in taking responsibility for the health of our community. Remember, it's sad to miss Mass when you're sick or taking care of someone who's sick, but **not sinful**.

 **Eucharistic Ministers**

November 27-28

4:00pm Barb Ellington*, Judy Mantych*, Nancy Cooke, Larry Cooke, Dee Hooser, Marilyn Gittemeier, Jennifer Krsul, Mary Krsul, Laura Lucido-D

8:00am Diana Goodwin*, Shirley Loy*, Betty Easley, Larry Colombo, Sandy Hamm, Betty Kondracki, Merry Marquart, Karen Kulla, Rita Nieman-D

10:30am Mary Nogalski*, Mike Walsh*, Gina Keppler, Ken Kleinberg, Bill Krenn, Debbie Maue, Marian Rosegrant, Judy Sams, Janet Ulreich-D



LECTORS

November 27-28

4:00pm Eileen Mills
8:00am Lois Albers
10:30am Ed Rogers

Mass Servers 

November 22-26

8:00am Jim & Joan Cuidon
November 27-28
4:00pm Erin Lucido, Audrey Corbin & George Bond
8:00am Andrew Gerhart & David Bober
10:30am Juliana, Grace & Libby Modde

Gift Bearers 

November 25

9:00am St. Vincent de Paul Society

November 27-28

4:00pm Lynda Brand & Bill Herbst
8:00am Hank & Betty Kondracki
10:30am Youth Group

EMERGENCY NUMBERS

If you do not have an emergency contact number on file with the office, PLEASE, call and give us one. There have been situations when we needed to contact a "next of kin", and did not have an emergency number. Please let us help you in a more timely fashion.



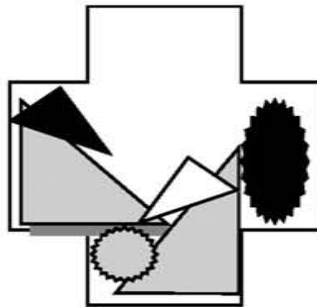
Teachers Instructions

Mosaic Cross

You will need:

- white paper
- colored paper scraps
- a pencil
- glue
- scissors

1. Draw a large cross on a piece of paper. Cut it out.
2. Gather colored paper scraps and tear them in small pieces. You want them small enough to fit inside the cross.
3. Lightly cover the inside of the cross with glue.
4. Place the pieces on the glue. Try to cover as much of the white spaces inside the cross as possible.



GOD'S WORD FOR CHILDREN!

Our Lord Jesus Christ the King Year c

November 21, 2010

*Jesus was crucified and was hanging on the cross.
The rulers told Jesus to save Himself
if He was the Messiah of God.*

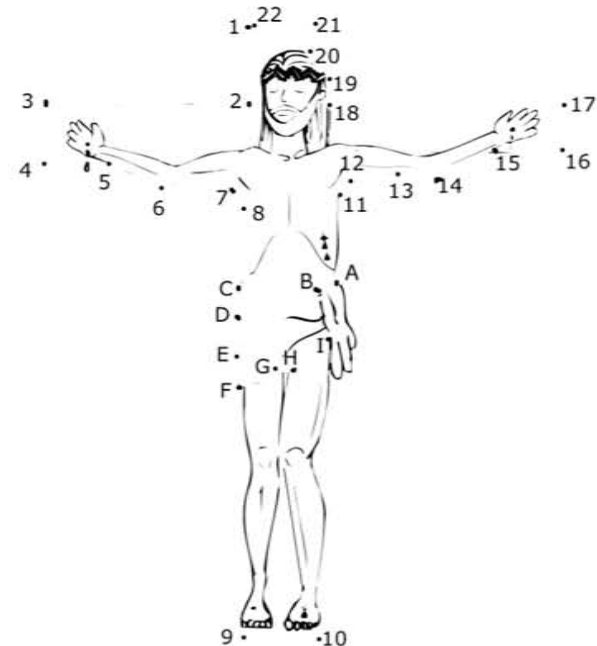
2 Sm 5:1-3

Ps 122:1-5

Col 1:12-20

Lk 23:35-43

Directions: Complete the dot to dot of Jesus on the cross.



Pastoral

SOLUTIONS 160 Old State Road • Ballwin, Missouri 63021

phone 636.394.7000 • toll free 800.876.7000 • fax 636.394.2501



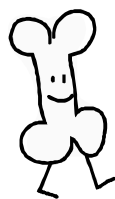
The soldiers made fun of Jesus and put a sign above His head that said, "This is the King of the Jews."

Directions: Create your own sign for Jesus below.



The man who was next to Jesus said, "Jesus, remember me when you come into your kingdom." Jesus replied, "Amen, I say to you, today you will be with me in Paradise."

Directions: What would you have done or said if you had been watching Jesus being crucified?



HOW IS YOUR BONE HEALTH?

Did you know there are things you can do to help with your bone density and osteoporosis? You simply must make some dietary changes that will benefit your bone health. A bone healthy diet is a matter of eating more fruits and vegetables and getting enough calcium and vitamin D..

- Calcium is the key to maintaining healthy bones. It is best to get calcium from foods we eat but supplements may help Adults should aim for 1000 mg of calcium per day. However, after age 50 we need 1200 mg. However, never take more than 2500 mg as it blocks other important nutrients. Food sources for calcium include:
 - Dairy products.
 - Canned sardines
 - Fortified juices
 - Dark, green leafy vegetables.
- Vitamin D helps the body use the calcium taken in. The best source of vitamin D is sunlight 15 minutes a day. However, Vitamin D can also be gotten from supplements. At least 400-800 IU are needed a day. There are few foods with Vitamin D though some cereals and foods are fortified with it.
 - Eat fresh, colorful produce.
 - Moderate alcohol consumption. It interferes with absorption of calcium.
 - Cut out caffeine and carbonated drinks. They have a negative effect on bone health.
 - Cut back on salt. Eating salty foods causes the body to lose calcium

By making a few simple changes to diets, healthier bones can be had.

A VERY BLESSED THANKSGIVING TO ALL.
S. Rose, SSND, RN

COMING SOON! .

A workshop on
MENTAL HEALTH
AN ISSUE OFTEN AVOIDED.

Watch the bulletin for the time and date.



If you or a family member or friend are admitted to the hospital, please call the office at 868-2310 and give us that information. We would love to visit you and have the community pray for you. Because of HIPA, the hospitals will not let us know you are there.

ZUMBA UPDATE.....

Zumba will continue until December 22, 2010. The Health and Wellness Committee will discuss continuing an evening of exercise in January. Watch the bulletin for details. If you have questions, please call the parish nurse. Suggestions are encouraged, we can't offer you something if we don't know what you are interested in.

This year a large number of Medicare Advantage programs and Medicare Prescription Drug programs have changed their coverage and increased their rates. To avoid paying more than you need to, it's important to review your coverage to make sure that you have the best plan at the best price. These changes must be completed by December 31st. The Northeast County Senior Ministry would love to help you to do this. For more information, please call Faria at 664-9700

Rest in Peace

Please pray for the repose of the soul of Lottie Krygiel, Lyman Modde and all who have died this week. May their soul and all the souls of the faithful departed rest in peace. Amen.

Prayer: Growing in Relationship with God

Four sessions on how to nurture this life will be held on four Tuesdays in Advent at:

Our Lady of the Rosary Parish Center
November 30, December 7th, 14th, 21st
10:00am - 11:30am

Bring: Notebook, pen & open heart
If interested contact Sr. Pat 741-7700 ext 6

YOUTH GROUP WANTS TO HELP YOU UNCLUTTER YOUR HOUSE!

We are looking for things to sell at our Santa Store at our breakfast. Do you have nice, gently used but un-needed items that you could donate? Things like candles, mugs, jewelry.. You know anything that a child might want to buy for their family members. Our youth group sells these things for a small price but it adds up and funds our group's events all year long! Please leave the items in the back of church with BWS printed on them. Please no clothes unless they are Christmas sweatshirts or unworn gloves or scarves, something like that. Thanks so much for your help! For more information call Mrs. Judy Krenn 761-6570

Men's Council 4th Annual Communion Breakfast

The Men's Council will be hosting their 5th annual Communion Breakfast after the 8:00am Mass on January 9, 2011 in the community center. All men of the parish are encouraged to attend. Tickets are \$15 each. Tables of 8 may be reserved. Ticket reservations are required and must be completed by January 3, 2011. Tickets may be obtained by calling one of the following: Jerry Wiegers 869-2684. Bob Doerr 868-2246, Roy Rudolph 868-7113, Bruce Saak 868-5183, Tony Migliazzo 869-7076.

SIXTH GRADE HOLD MEAT RAFFLE TO RAISE MONEY FOR CAMP

The sixth grade at Christ Light of Nations are hosting a meat raffle to raise money for their Outdoor education experience at Camp Lakewood in the spring. Tickets are \$5.00 a piece. Just fill out the raffle tickets and return to school or in the collection basket with your check (made payable to **Christ Light of the Nations School**) or cash in an envelope (marked Meat Raffle). The drawing will happen on Monday, November 22 at school. The winner will be notified that day.

We thank you in advance for your participation and for helping us get to camp.

CHRIST LIGHT OF THE NATIONS SCHOOL HOSTS BARNES & NOBLE NIGHT

Mark your calendars for Thursday December 2, 4-7:30pm. Christ Light of the Nations School is having a Fund Raiser at the Florissant Barnes & Noble Store. Did you know that we have the biggest Book Fair at the Florissant store? The managers share our ideas for the book fair night with other schools. Come and join the fun, do some Christmas shopping and support our school. Once again this year our teachers and children will be participating in events during the evening: writing letters to Santa, there will be a craft corner run by the teachers, teachers reading books to the students, students sharing their writing and much more. **Just present the coupon inserted in this week's bulletin at the check-out counter and a portion of your purchase will be credited to school.**

We thank you in advance for your participation!





GIVING TREE

The Giving Trees provide a wonderful opportunity to share the hope and joy of Christmas with families served by the St. Vincent de Paul and Room at the Inn. In this economy, the need is greater than ever. We've seen an unprecedented number of households with both gas and electric shut off or eligible for disconnect. Many people are struggling to find employment and pay their rent or mortgage. There are ornaments for gift cards, personal care items and other necessities.

Christmas should be a magical time for the children. Your gifts of toys make that possible and are so appreciated by our families.

Choose toys that don't have small pieces that are easily lost or broken. Toys for children age three and under should not be a choking hazard. The ornaments must be attached to the unwrapped gifts. Place checks, cash and gift cards in sealed envelopes marked "Giving Tree" and place them in the collection basket or drop them off at the parish office. All gifts must be returned by the weekend of December 4-5. Thank you and have a blessed holiday season..



Youth Group presents

A Breakfast With Santa!

"Wake up to the TRUE meaning of Christmas!"

Come join us and get into the spirit of Christmas.

December 4th, 2010 9:00 am to 12:00 pm

Holy Name Community Center 10235 Ashbrook

Just for fun we welcome the children to come *in their Pajamas* for... **pancake and sausage breakfast, a Santa Store with free wrapping,**

Holiday Crafts, Games, Christmas songs, Face painting,

Raffles and a special visit with good ole Santa.

All this for \$6 per child \$4 per adult and only \$2.00 for a special picture with Santa.

Please invite your friends and relatives to join in the fun!

Please sign me up!

Family Name _____

#children ___ **x(\$6) plus #adults** ___ **x(\$4) = \$** _____

We would like to have # ___ **pictures x (\$2) = \$** _____

This is our Family's total cost add \$ above = \$ _____

Please include payment in an envelope and put in Mrs. Krenn's Mailbox at CLN or at the parish office.



Stewardship of Treasure
**Your Gifts of Support for
 Our Parish Mission**

Report on Parish Collections

Envelope Offerings	\$6,580.18
Loose Offerings	\$62.52
Total Sunday Collection: Parish Support	\$6,642.70
St. Vincent de Paul Society	\$866.55

PLEASE PRAY *for* :

Gregg Murphy, Charlotte Bounke, Pat Mueller,
 Bob Kelly,

In The Hospital...

Virginia Bonnell, Carolyn Ginder, Clare
 Ellington, Pat Lawless, Arthur Froehley, Bill
 Singler

ADVENT SCRIPTURE STUDY

WHEN: 9:15am Sundaysô between Masses
 WHERE: Community Center
 HOW: Sign-up back of church, after Mass
 next week
 WHO: Deacon Doc

COMMENTS: Above a Notre Dame football stadium exit is a sign like ðPray like a championö. Everyone is invit3ed for a six week Advent DVD series on Prayer and the Psalmsø (recommended series by the archdiocese). So muscle up your prayer life and join us.



PRAYER CHAIN

On Saturday November 13th the prayer chain ministry met to exchange ideas and tell how rewarding it is to part of the vital and important help to our parish community. We have received 700 requests in which 25 faithful women and one gentleman have responded by praying for these intentions.

Anyone may call Pat or Betty to request prayers for themselves or any other person.

If you would like to pray with us please call us and we will add your name to our chain.

It is a joy and pleasure to serve our parish in this ministry.

Feast of Christ the King

"He delivered us from the power of darkness and transferred us to the kingdom of his beloved Son..."
COLOSSIANS 1:13

If we recognize Jesus as our King, then we must also recognize ourselves as His loyal subjects. As members of God's kingdom we have an abundance of wonderful blessings. But we also have responsibilities. We must always use our gifts to help build up the kingdom. We must always use our gifts to help build up the kingdom. We must never forget that we are truly blessed to be called to serve the Greatest of Kings.

November 21 through November 28, 2010

Sunday: 2 Sm 5:1-3 Ps 122:1-5 Col 1:12-20 Lk 23:35-43

Monday: Rv 14:1-3,4b-5 Ps 24:1b-4b,5-6 Lk 21:1-4

Tuesday: Rv 4:14-19 Ps 96:10-13 Lk 21:5-11

Wednesday: Rv 15:1-4 Ps 98:1-3b,7-9 Lk 21:12-19

Thursday: Rv 18:1-2,21-23;19:1-3,9a Ps 100:1b-5 Lk 21:20-28

Friday: Rv 20:1-4,11-21:2 Ps 84:3-6a,8a Lk 21:29-33

Saturday: Rv 22:1-7 Ps 95:1-7b Lk 21:34-36

Sunday: Is 2:1-5 Ps 122:1-9 Rom 13:11-14 Mt

Federation Of Catholic Schools

Blessed Teresa of Calcutta Christ Light of the Nations
Our Lady of Guadalupe Sacred Heart—Florissant
St. Angela Merici St. Ferdinand
St. Norbert St. Rose Philippine Duchesne

NORTHEAST DEANERY

NOVEMBER 2010 ♦ NO 2

“Catholic schools continue the teaching ministry of Jesus. They help adults, youth, and children ... come to a deeper understanding of God’s plan for human life and for all creation.

Catholic schools are powerful instruments of evangelization—helping members of the Catholic community and others from many diverse faiths, cultures and economic backgrounds grow intellectually, personally and spiritually as members of the one family of God.

Catholic schools are vital to the social ministry of the Church ... “ and “ ... contribute directly to the health and vitality of the Church of St. Louis.”

Archbishop Robert Carlson
St. Louis Review, August 2010

Federation Leadership

Our Federation of Schools is constituted around an agreement that names the 11 pastors and 8 elementary school principals as leaders of the Federation. This group is meeting 4 times a year and now serves as the primary policy making group for the Federation. In addition, the principals are meeting about once a month on the development and implementation of programs designed to enhance the education of our children, to enrich extracurricular activities, and to foster faculty development.

1720 Redman Road
St. Louis, Missouri 63138

Federation Teachers “Take It Up a Notch”

There is little doubt that the teachers in our Catholic schools are dedicated and talented professionals educators. The challenge, however, for small schools ó often with just one class per grade ó is that these teachers have little opportunity to grow professionally with colleagues that teach their grade or their subject specialties. The Federation wants to change that.

For the past several months, teachers in all grades at all eight Federation schools have been meeting regularly to exchange ideas, share teaching strategies, and research new methodologies.

“The teachers in our schools have often had to teach in isolation trying to be everything to every child in their class,” explains Jennifer Stutsman, principal of Blessed Teresa of Calcutta. “Through these Professional Learning Teams, our teachers are learning from each other, challenging the status quo, and seeking new methods to help each child learn.”

Throughout the school year, the teams will meet during professional development days and in their free time. A coordinator is responsible for each group, with groups divided by grade or subject area. Even teachers in special subject areas such as art, music, and P.E. have created professional learning teams.

In their early meetings, teams were asked to identify several goals for the year. Some examples include:

- Third grade teachers will be working with students on their writing skills by establishing pen pals across the eight schools, culminating in a joint field trip.
- The librarians at each school are creating a resource guide to share with each other about where to buy books, what each school has, and what books are popular with the students now.
- The upper grade literature teachers will be focusing on student comprehension by studying and applying the theory of Multiple Intelligences.

Parish funds in support of the Federation have been allocated to provide for purchasing research materials, to hire substitutes if the teachers want to observe each other, and to purchase supplies for a collaborative learning project.

“Through Professional Learning Teams, our teachers are learning from each other, challenging the status quo, and seeking new methods to help each child learn.”

“Our schools are blessed with amazingly dedicated professionals,” adds Stutsman. “Now we get to help them take it up a notch and truly improve student learning across our schools.”