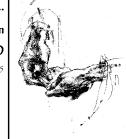
IHS

Were not our hearts burning as he spoke to us on the road ...

And they recognized him

IN THE BREAKING OF THE BREAD

Gospel of Luke 24: 13-35



Holy Name of Jesus Catholic Church 10235 Ashbrook Drive, Saint Louis, Missouri, 63137 314.868.2310 Fax 314.868.3919

Parish Pastoral Leadership Father Michael Henning

Pastor

mickeylee48@sbcglobal.net Sister Rose Mercurio, SSND Pastoral Associate

rosessnd@sbcglobal.net Ms. Juanita Blackshear

Director of Administration & Programs jblackshear52@sbcglobal.net

Mrs. Buffy Modde
Parish Nurse
parishnurse.hnoj@sbcglobal.net
Mrs. Theresa McWilliams

Director of Music tmacwms@sbcglobal.net

Deacon George Watson
Permanent Deacon
hgwatson@msn.com
Deacon Matthew Duban
Permanent Deacon

meduban@sbcglobal.net Mrs. Judy Krenn Youth Ministry Coordinator

judykrenn@aol.com

Christ Light of the Nations Catholic School

1650 Redman Avenue St. Louis, Mo. 63138, 314.741.0400

Sister Mary Lawrence, SSNDPrincipal

Sr_mary@charter.net

Parish Support Staff

Mrs. Sandy Miesner
Parish Secretary
parishoffice 10235@sbcqlobal.net

Mr. Steve Jones
Maintenance Coordinator
Mr. David Vaughn
Parish Custodian
Mrs. Rose Fox

Rectory Housekeepina

Parish Pastoral Council

Patrick Barrett 314-388-2439 **Betty Easley** 314-388-0263

Gina Keppler 314-868-4824 Judy Mantch 314-868-7995 Anna Petroff 314-869-2936 Ted Piekutowski 314-355-7288 Judi Sams 314-869-2589 Bob Stolte 314-869-8147

Weekend Mass Schedule

Saturday 4:00 pm Standard Time 5:00 pm Daylight Time Sunday 8:00am, 10:30am

Daily Mass Schedule

6:30 am Tuesday/Thursday 8:00 am Monday/Wednesday/Friday 8:00 am Wednesday/Thursday Christ Light of the Nations School Check the Bulletin each week for schedule changes.

Holy Days of Obligation

8:00 am, and 7:00 pm

Civil Holidays 9:00 am

Sacrament of Reconciliation

Saturdays 2:30-3:30 (CST); 3:30-4:30 (CDT)

Advent & Lent Reconciliation Services

By appointment at any time call priest directly.

Liturgy of the Hours

7:35am Monday/Wednesday/Friday

Eucharistic Adoration

7:00am Tuesday-midnight Wednesday

Becoming a Catholic Christian

The parish has a year-round/ongoing process to assist adults in becoming Catholic. It also has a special program for older unbaptized children. Both can start any time. Call Deacon George (868-2310) for further information

Sacrament of Marriage

Engaged couples begin preparation for the Sacrament of Marriage at least 6 months before their wedding. Please remember—a wedding date will not be scheduled until the assessment of their readiness for the Sacrament of Marriage has been completed. Contact the rectory for more information. Weddings are not scheduled during the Season of Lent.

Anointing of the Sick

The sacrament is for those having surgery, the seriously ill, the chronically ill, and those near death. If you know in advance that you are going to the hospital, call one of the priests to arrange for anointing at home or church. In addition the sacrament is celebrated at church on the first Saturday of the month after evening Mass and on the third Sunday of the month after 8:00 Mass. It may be repeated as needed.

A PLEDGE TO PARISH LIFE

My parish is composed of people like me. I help make it what it is. It will be **friendly, if I am**. Its pews will be **filled**, **if I help fill them**.

It will do **great work, if I work**. It will make **generous** gifts to causes, if **I am a generous giver**.

It will **bring other people** into its community,

if I invite and bring them.

It will be a parish of loyalty and love, of fearlessness and faith, and a parish with a noble spirit, if I, who make it what it is, am filled with these same things.

Therefore, with the help of God, I shall **dedicate myself** to the task of **being all the things**

that I want my parish to be.

Highlights of Life in Our Community **Our Parish Life**

Good for You - Good for Others Details in your bulletin or Parish Directory.

Being involved insures the vitality of our parish.

Sunday, December 12th The Third Sunday of Advent

- Blood Pressure Screening
- Sunday Hospitality: Coffee & Donuts
 - Advent Scripture Study Parish Community Center
 - Parish Credit Union

Monday, December 13th

- Exercise Class
- Pastoral Leadership Team Meeting
 - Ladies Guild Christmas Party

Tuesday, December 14th

- Eucharistic Adoration & Visits
 - Advent Prayer Workshop Our Lady of the Rosary Parish Center
 - Men's Club Christmas Party
 - Women's Prayer Group

Wednesday, December 15th

- Eucharistic Adoration & Visits
 - Parish Quilting
 - Young At Heart Club
 - Zumba Class
 - Parish Finance Committee & Church Renovation Committee

Thursday, December 16th

- Speaker/Luncheon: Medicare/Medicaid • School Board Meeting

Saturday, December 18th

- Soup Stew & Chili Program
 - Sacrament of Penance

Sunday, December 19th The Fourth Sunday of Advent

- Soup Stew & Chili Program
 - Advent Scripture Study Parish Community Center
 - Parish Credit Union
- Decorating Church for Christmas

Coming Special Events

CHRISTMAS CONCERT

Christ Light of the Nations School Monday, December 20th, 7:00pm At Trinity Catholic High School

MEN'S COMMUNION BREAKFAST

Sunday, January 9th, 8:00am

Celebrating the Faith of Our Community Come Home for Christmas

X / E RECOGNIZE JESUS WHEN WE OPEN OUR EYES to see the evidence of his presence in the new things that are happening. In the gospel, Jesus made the blind see and the lame walk; he welcomed sinners and ate with them. He wanted his presence to be a life-changing **encounter** with their loving God. Today these same reversals are happening through our blessedness—Jesus working within and among us.

Jesus is the promised one who changes the way things are. His presence today is made visible through our actions: Our including those who feel alienated, our encouraging a student or child to come to full potential, our sensitivity to those who suffer. Jesus' reversals of the human plight were dramatic and hard not to see. Jesus' saving mission is just as present today when we do the little often unseen, everyday good actions that are consistent with our blessedness.

Father of our Lord Jesus Christ, ever faithful to your promises and ever close to your Church: the Earth rejoices in hope of the Savior's coming.

Prepare our hearts and **remove the sadness** that hinders us from feeling the joy and hope which his presence will bestow, for he is Lord for ever.

Opening Prayer, 3rd Sunday of Advent

As you and **your family** make plans for the Christmas Season, I would encourage your to invite them here for the celebration of Mass.

Our community is alive in faith, with faith that's making a difference in others' lives. They must see and we must celebrate together all the good God is accomplishing among us.

Good News in Catholic Education

All parish members are invited to participate in a survey on strategies for accomplishing Archbishop Carlson's vision for Catholic schools. The survey is brief, anonymous, and an opportunity to effect positive change for the future of Catholic education. To participate, type the following link into your browser.

http://www.surveymonkey.com/s/ **ArchbishopsVision**

I encourage our school families to participate. Ideas and opinions from our older parish members are also important for the future of our schools since your past commitment and involvement with Catholic schools is the foundation on which we are building for the future.

The Celebrations of Christmas

December 24/25—4:00p 12:00midnight, 8:00a, 10:30a

The Feast of the Holy Family December 26—8:00a, 10:30a

The Feast of Mary / New Year Day January 1-9:00a

The Feast of the Epiphany January 1/2—4:00p, 8:00a, 10:30a

Alive In Christ Ignite The Light **Christ Light of the Nations School**

I am deeply grateful for the continuing support of our parish members for our school families through the special collection envelope included in the packet you receive each month. Your extra gifts are especially needed as more of our families struggle to make ends meet.

I want to encourage everyone to personally witness the spirit of our students by joining them for the celebration of Mass each week at Our Lady of the Rosary Parish. The day and time are noted in our bulletin. Also, I know all would enjoy the annual Christmas Concert on Monday, **December 20th** at 7:00pm at Trinity High School. There will be plenty of chairs. Encourage your The survey will remain open until | friends and neighbors to join you for **December 17th.** an enjoyable hour of Christmas spirit.

MASS INTENTIONS

MONDAY December 13 8:00am Marie Bird

TUESDAY December 14
6:30am Arthur Jennemann

WEDNESDAY December 15 8:00am Stanley Parciak

8:00am School Mass at Our Lady of the

Rosary

THURSDAY
6:30am
Ron Strunk
FRIDAY
8:00am
Cathering December 17
Kathleen Lamb
Cathering December 18
Cathering December 18

4:00pm Lottie Phelps

SUNDAY December 19
8:00am Paul Smith

10:30am Ted & Georgiana Imbierowicz

Health Advisory It is That Time of Year Again

Your commitment to Mass is a sign of the vitality of our parish. However, for the health of our whole community, if you are not feeling well, be attentive to these recommendations:

Don't Come to Church:

- With a fever-be fever free for 24hrs
- When you're not feeling well-achy, tired, sore throat, no energy
- When you're coughing and sneezing a lot with a runny nose or headache

When You Do Come To Church:

- Use hand sanitizer at church entrances
- With slight symptoms of or flu-
 - *Don't take communion from the cup
 - *Offer the sign of peace with a friendly

wave or simple bow

Thank you for your cooperation in taking responsibility for the health of our community. Remember, it's sad to miss Mass when you're sick or taking care of someone who's sick, but **not sinful.**



Eucharistic Ministers

December 18-19

4:00pm Mary Migliazzo*, Alma Smith*, Eileen Mills, Barb Ellington, Marilyn Gittemeier, Lynda Brand, Larry Cooke, Nancy Cooke, Carol Oldendorf-D

8:00am Pat Stolte*, Josephine Bono*, Laura Petroff, Bernice Parciak, Marie Tabor, Frank Albers, Martin Audrain, Anne Schwanz, Larry Colombo-D

10:30am Jeanne Field*, Mary Harris*, Mike Walsh, Linda Byrns, Joan Cuidon, Pat Edgar, Lori Garner, Minnie Huston, Regina Anderson-D



LECTORS

December 18-19

4:00pm Tony Migliazzo 8:00am Lucia Tranel 10:30am Youth Group





December 13-17

8:00am Jim & Moan Cuidon

December 18-19

4:00pm Erin Lucido, Audrey Corbin & George Bond

8:00am Andrew Gerhart & David Bober

10:30am Shay Garner, Peter Krenn & Terry Stocking



December 18-19

4:00pm Merz Family 8:00am Grue Family 10:30am Youth Group

EMERGENCY NUMBERS

If you do not have an emergency contact number on file with the office, PLEASE, call and give us one. There have been situations when we needed to contact a "next of kin", and did not have an emergency number. Please let us help you in a more timely fashion.



Teachers Instructions

John the Baptist prepared the way of the Lord.

What are some ways you and your family are preparing for Jesus' birthday...Christmas?

Draw a picture or write about some of those things.

GOD'S WORD FOR CHILDREN!

Third Sunday in Advent Year A

December 12, 2010

John the Baptist sends people to ask Jesus if He is the one they have been waiting for.

Is 35:1-6, 10

Ps 146:6-10

Jas 5:7-10

Mt 11:2-11

Directions:

Draw a picture of what you like to do when you have to

wait for something or someone.



Jesus spoke to the crowds about John, "This is the one about whom it is written: Behold, I am sending my messenger ahead of you; He will prepare your way before you."

Directions: Circle Jesus and John the Baptist.



Jesus said to tell John that the blind can now see, the lame can walk, the deaf can hear, the dead are raised.

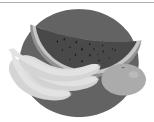


Directions: Draw a picture or write something that you could

use all 5 senses to figure out what it is.

Example: Popcorn

You can see it, taste it, smell it, touch it, and hear it pop.



More Healthy Habits

How are those three meals a day and snacks between meals coming? Have you given up those sugary drinks, or eliminated at least one a day yet? It's not easy, is it? Maybe we need to take a step back and ask, "What is HEALTHY eating?"

The bottom line is, <u>healthy eating is individualized</u>. We all have different ideas about healthy eating. Diabetics limit their carbohydrates, people with a cardiac history are concerned with their fat intake, teens watch calories and vegetarians have diets high in carbohydrates. Regardless of our preconceived ideas of nutrition and what is healthy, we all should be aware of how often we eat, how much we eat, when we eat, and even our views about food. Whether you *live to eat* or *eat to live*, healthy eating is individualized.

Our bodies require fuel on a regular basis. We need protein for cell formation, cell growth and mental alertness, and we need carbohydrates for energy. Fat is important for hormone production, and what pediatrician hasn't told new moms that fat is good for neurological development in growing children and young adults. We've determined that healthy eating is individualized, but maintaining a healthy weight is the concern. Maintaining a healthy weight can lower our risk for type 2 diabetes, heart disease, stroke, cancer and other health concerns. Here are a few strategies that can help through the holidays, as well as everyday.

- Start your day with breakfast, it is essential!
- Eat more fruits, vegetables, and whole grains.
- Drink more water, it is a key factor in every chemical process in the body.
- Limit caffeine
- Watch portion sizes and second helpings.
- Read food labels, they can be deceptive.
- Never skip a meal, always carry a protein or breakfast bar.
- If you're a yo-yo dieter, STOP! Three balanced meals with the right proportions and healthy snacks are better and healthier.
- Buffets—stay away!
- Be aware of when, where and why you eat. Not in front of the TV, not too fast, and not out of boredom.
- Be prepared! Make a menu for the week, if that's asking a lot, prepare one for each day. We seem to eat healthier when we know ahead of time what we are going to have.

Rome wasn't built in a day. For every small change you make, you are that much closer to healthier eating and a healthier lifestyle. Healthy eating is a balance of moderation and nourishment from a wide variety of foods. If we eat enough of the right kinds of foods and practice the right habits to keep our bodies strong and healthy, we can be good role models for the next generation.

"Let the children come to me and do not prevent them; for the kingdom of God belongs to such as these" Lk 18:16
Peace to all,

Buffy Modde

Parish Nurse @ Holy Name of Jesus



If you or a family member or friend are admitted to the hospital, please call the office at 868-2310 and give us that information. We would love to visit you and have the

community pray for you. Because of HIPA, the hospitals will not let us know you are there.

ATTENTION ZUMBA PARTICIPANTS There will be Zumba on Dec. 15th

SAVE THE DATE DECEMBER 16TH 12PM-1:30 PM LUNCH PROVIDED HNOJ COMMUNITY CENTER

Have you ever had so many questions about Medicare or Medicaid that you did not know who to call. Or you call and get passed to so many people that by the time you get to the right person, you have forgotten your question. Join us for a special forum titled, "Everything You Want to Know About Medicare and Medicaid". Lunch will be provided, but you must register to receive lunch. You can register by calling Sandy at the Parish Office. If you have guestions about the talk, you may call Buffy @ 868-2310, ext 11.

MEALS ON WHEELS NEEDS VOLUNTEERS

- Volunteer as little as one hour a day, one hour a week, or one hour a month
- Volunteer in the morning, at noon or in early
- afternoon
- Mileage is reimbursed
- Excess liability insurance provided
 Call: 636-207-0847 or 1-800-AGE-6060

Make a Difference!

EUCHARISTIC MINISTERS

Please call Linda Schneider at 868-2374 to volunteer for Christmas and Jan. 1 Masses.

Friday, December 24, at 4:00pm and midnight Saturday, December 25, 8:00 and 10:30am Saturday January 1, at 9:00am Feast of Mary, Mother of God

Rest in Peace &

Please pray for the repose of the soul of Arthur Jennemann, William Singler, Harriet Badalamenti and all who have died this week. May their soul and all the souls of the faithful departed rest in peace. Amen.



Silver Bells Dinner Dance

The staff of Bellefontaine Neighbors Parks and Recreation Department invites our friends to celebrate the holiday

season at our Silver Bells Dinner. Enjoy a delicious three-course dinner before you dance to the songs you remember. Seating is limited so get your tickets early for this special event. The cost for the event is \$10 per person. A cash bar will be available. The dinner will be at the Bellefontaine Recreation Center on Tuesday, December 21, 201, from 4:30—7:30pm. Dinner will be served at 6:00pm.

Purchase your tickets at the Rec Center. For questions, call the Rec Center staff 869-07009.

经数"农业"和 经公会必必 The Jennings Do-Dads are sponsoring their annual Christmas Tree Lot. The lot is located at the corner of Jennings Station Rd and Hord Ave in Sievers Park, next to the Jennings City Hall. Tree selection includes Canadian Balsam, Scotch Pine, and White Pine trees. The lot is open daily from November 27th thru December 24th. If there are any students who are in need of service hours at school, please contact Joe Bohnenkemper at 703-1002. This is an opportunity to earn some service hours. Present this add at the Tree Lot and receive \$5 off any purchase over \$30.

The Sixth Graders and their parents will once again be raking leaves to raise money for camp. The students and their parents will be available if you need help. The cost is a \$20 minimum donation for a regular yard, \$40 for a double lot. We will bring rakes, you provide the bags. To schedule the service, please call Christa Otten at 972-0325

SAVE THE DATE

WE will be decorating our church on Sunday, December 19th, immediately after 10:30 Mass. We will have jobs for all ages and abilities, choose your favorite activity. All are welcome to come and help. Any time that you can give us that day will be GREATLY appreciated. As usual, we will provide hot chocolate and Christmas music to work by. If you can, please bring cookies or brownies for all of us to share. We look forward to seeing you on the 19th.

ALL WOMEN OF THE PARISH

During the Advent season it's good to remember to keep our focus on making Christ the center of our lives. Come spend some time sharing prayer with other women in the parish. We will gather in church at 7pm on Tuesday, December 14th. Please join us!! Any questions please call Judy Krenn @761-6570

During Advent, reflect on whether you are keeping Christ in your marriage. If not, consider attending a Marriage Encounter Weekend to renew your closeness with God and your spouse. Make reservations now for a Weekend in 2011. Call 314-469-7317 or go to www.stl-wwme.org.



Advent Day of Recollection



Cathedral Basilica of St. Louis Saturday, December 18, 2010 10:00am to 5:00pm

While we complain about how secularized the holidays have become, we can unwittingly contribute to this sad state of affairs when we spend much of our "holiday" time preparing for parties, spending long hours at the mall buying gifts, or getting lost in the height of school or sports. These things can overwhelm us, and nothing opposes spiritual development and devotion greater than being overly busy. In advent, we anticipate the coming of Christ at Christmas. The eternal God enters time, and time becomes holy. Treat yourself to a day away from the hustle and bustle. Reflect on the season of Advent and prepare for the God who waits for you.

Parishioners, their guests, and all throughout the Archdiocese are invited to join Archbishop Robert Carlson in this special day of reflection and recollection.

Schedule of events:

9:00-9:45am—Registration 10:00am - First Conference Exposition of the Blessed Sacrament will follow the first conference There will also be an opportunity for the Sacrament of Reconciliation

> 12:00pm—Rosary and advent Devotions 12:30pm—Lunch 2:00pm—Second Conference

Exposition of the Blessed Sacrament will continue after the second conference An additional opportunity for the Sacrament of Reconciliation will also be offered 4:30pm—Evening Prayer

5:00pm—Celebration of the vigil Mass for the Third Sunday of Advent.

This special gathering is free to all

A good will offering will be accepted to offset the cost of lunch.

Though a free event, we request advance registration

So that organizers can properly prepare worship materials and set up for lunch.

To register or for additional information, please contact Laura Voegelie at 314-373-8208

Congratulations to our second graders who received the sacrament of Reconciliation on Tuesday evening at Our Lady of the Rosary.

Sophia Anzalone Matthew Brooks Cameron Deck Sarah Mulvihill Lauren Swindle Reconciliation



Stewardship of Treasure **Your Gifts of Support for Our Parish Mission**

Report on Parish Collections

Envelope Offerings \$11,466.02 **Loose Offerings** \$62,41 **Total Sunday Collection: Parish Support** \$11,528.43 St. Vincent de Paul Society \$1,436.12 \$830.00 St. Vincent de Paul Society Thanksgiving



PLEASE PRAY for:

Pat Mueller, Bob Kelly, John Finn III, Sr. Pat SSND

In The Hospital...

Virginia Bonnell, Charlotte Bounke, Carolyn Ginder

Men's Council 5th Annual **Communion Breakfast**

The Men's Council will be hosting their 5th annual "Communion Breakfast" after the 8:00am Mass on January 9, 2011 in the community center. All men of the parish are encouraged to attend. Tickets are \$15 each. Tables of 8 may be reserved. Ticket reservations are required and must be completed by January 3, 2011. Tickets may be obtained by calling one of the following: Jerry Wiegers 869-2684, Bob Doerr 868-2246, Roy Rudolph 868-7113, Bruce Saak 868-5183, Tony Migliazzo 869-7076



PRAYER CHAIN

If you or someone you know is in need of prayer, please call either Betty Kondracki @868-0176 or Pat Edgar @868-4143.

3rd Sunday of Advent

"Go and tell John what you hear and see: the blind regain their sight, the lame walk, lepers are cleansed, the deaf hear, and the dead are raised...' **MATTHEW 11:4-5**

When Jesus cured the sick we called it a miracle. Yet God has blessed us with many good things—our eyesight, our hearing, our talents, our health and so much more—and we often take it all for granted. The good steward recognizes every blessing in life as a miracle from God and strives to use those gifts for God's honor and glory.

HOLY NAME OF JESUS LADIES GUILD CHRISTMAS PARTY will be on Monday, in the Community Center. All ladies are invited. Doors open at 5:45pm, bar at 6 and dinner served at 6:30. Entertainment will be 'The Silver Slippers'. Tickets are \$13 and can be purchased by call Mary at 868-2492.Call your friends and join us for a FUN evening. See YOU there!!



To the women who have prepared a wonderful funeral luncheon for families in need this pas week, a very heartfelt thank you. You have no idea how grateful these families were to benefit from you ministry.

Listen to Catholic radio on AM 1460 KHOJ to hear special Advent and Christmas programs, your favorite Christmas music during the Christmas season, along with daily Holy Mass, devotions, Catechetics, and much more. For a program schedule and a free CD call (314) 752-7000 or toll-free 1-877-305-1234.

Youth News

Our Breakfast with Santa was a wonderful time for the families that attended and the teens that put on the event! Everyone came away with treasures from the Santa store as well as treasured family experiences like having a great breakfast together, doing crafts and shopping for gifts. The youth group made a good profit that will be helping us to travel to DC and March for Life in January.

Thanks to all those that donated to our cause!

Our Raffle winners are as follows

Holiday Baking Basket-Tina Swindle

Christmas Family Photo and Cards-Emily Mach

Babysitting so parents can shop-Alex Sextro

"Lovey Teddy Bear"-Brittany Ritchey

Santa Dog-Prater Family

Popcorn and a Movie-Erika Douglas

Boxing gloves-CatiBeth Welby

Four Man Tent-Latrice Haynes

Handmade hanging basket-Tina Swindle

Thanks to those families and individuals that provided our raffles-Parker, Radazo, Prater, Bogaski, Krenn, and Petroff!

Thanks so much to all the adults that helped the teens to pull off this event especially MaryAlice Duhadway/Lori Garner-food, Anna Petroff-store, Pat Bogaski-crafts, Jeff and Tammy Isermann-raffles, Rich and Ulriech-photo's

It's so great when people work together to create such a positive FUN experience for the young people of our parish.

MuchThanks from Mrs. Judy Krenn and our Youth Group!!



All You Can Eat

Spaghetti Dinner

December 18, 2010

Holy Name of Jesus Community Center

5:00-10:00pm

\$6.00 a plate

Salad, bread, tea and coffee provided Soda, Beer and Wine will be available for purchase. Proceeds go to the CLN Art Room. Please come and join us for good food and company. Grace will be here this weekend selling TWB Certificates. Need a few stocking stuffers? Visit Grace and pick up a few certificates. She will be in the back of church on Saturday night following 4pm Mass and again on Sunday in the Community Center.

ICE CREAM SOCIAL

Join us for our Holly Jolly Ice Cream Social and Christmas Carols, Saturday, December 18th 12:00pm at St. Catherine Retirement Community, 3350 St. Catherine St. RSVP by calling 314-838-3877