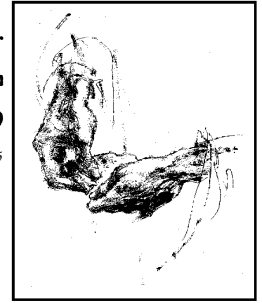


IHS

Were not our hearts burning as he spoke to us on the road ...
And they recognized him
IN THE BREAKING OF THE BREAD
Gospel of Luke 24: 13-35



Holy Name of Jesus Catholic Church
10235 Ashbrook Drive, Saint Louis, Missouri, 63137
314.868.2310 Fax 314.868.3919

Parish Pastoral Leadership

Father Michael Henning
Pastor

mickeylee48@sbcglobal.net
Sister Rose Mercurio, SSND

Pastoral Associate
rosssnd@sbcglobal.net

Ms. Juanita Blackshear
Director of Administration & Programs
jblackshear52@sbcglobal.net

Mrs. Buffy Modde
Parish Nurse
parishnurse.hnoj@sbcglobal.net

Mrs. Theresa McWilliams
Director of Music

tmacwms@sbcglobal.net
Deacon George Watson

Permanent Deacon
hgwatson@msn.com

Deacon Matthew Duban
Permanent Deacon

meduban@sbcglobal.net
Mrs. Judy Krenn

Youth Ministry Coordinator
judykrenn@aol.com

Christ Light of the Nations Catholic School

1650 Redman Avenue
St. Louis, Mo. 63138, 314.741.0400

Sister Mary Lawrence, SSND
Principal
Sr_mary@charter.net

Parish Support Staff

Mrs. Sandy Miesner
Parish Secretary
parishoffice10235@sbcglobal.net

Mr. Steve Jones
Maintenance Coordinator

Mr. David Vaughn
Parish Custodian

Mrs. Rose Fox
Rectory Housekeeping

Parish Pastoral Council

Patrick Barrett 314-388-2439
Betty Easley 314-388-0263

Gina Keppler 314-868-4824

Judy Mantch 314-868-7995

Anna Petroff 314-869-2936

Ted Piekutowski 314-355-7288

Judi Sams 314-869-2589

Bob Stolte 314-869-8147

Weekend Mass Schedule

Saturday 4:00 pm Standard Time

5:00 pm Daylight Time

Sunday 8:00am, 10:30am

Daily Mass Schedule

6:30 am Tuesday/Thursday

8:00 am Monday/Wednesday/Friday

8:00 am Wednesday/Thursday

Christ Light of the Nations School

Check the Bulletin each week
for schedule changes.

Holy Days of Obligation

8:00 am, and 7:00 pm

Civil Holidays 9:00 am

Sacrament of Reconciliation

Saturdays 2:30-3:30 (CST);

3:30-4:30 (CDT)

Advent & Lent Reconciliation Services

By appointment at any time—
call priest directly.

Liturgy of the Hours

7:35am Monday/Wednesday/Friday

Eucharistic Adoration

7:00am Tuesday-midnight

Wednesday

Becoming a Catholic Christian

The parish has a year-round/on-going process to assist adults in becoming Catholic. It also has a special program for older unbaptized children. Both can start any time. Call Deacon George (868-2310) for further information

Sacrament of Marriage

Engaged couples begin preparation for the Sacrament of Marriage at least 6 months before their wedding. Please remember—a wedding date will not be scheduled until the assessment of their readiness for the Sacrament of Marriage has been completed. Contact the rectory for more information. Weddings are not scheduled during the Season of Lent.

Anointing of the Sick

The sacrament is for those having surgery, the seriously ill, the chronically ill, and those near death. If you know in advance that you are going to the hospital, call one of the priests to arrange for anointing at home or church. In addition the sacrament is celebrated at church on the first Saturday of the month after evening Mass and on the third Sunday of the month after 8:00 Mass. It may be repeated as needed.

A PLEDGE TO PARISH LIFE

My parish is composed of people like me. I help make it what it is. It will be friendly, if I am.

Its pews will be filled, if I help fill them.

It will do great work, if I work. It will make generous gifts to causes, if I am a generous giver.

It will bring other people into its community, if I invite and bring them.

It will be a parish of loyalty and love, of fearlessness and faith, and a parish with a noble spirit, if I, who make it what it is, am filled with these same things.

Therefore, with the help of God, I shall dedicate myself to the task of being all the things that I want my parish to be.



Highlights of Life in Our Community Our Parish Life

Good for You - Good for Others

*Details in your bulletin or Parish Directory.
Being involved insures the vitality of our parish.*

Sunday, March 6th

The 9th Sunday in Ordinary Time

- Parish Liturgy Committee
- Art & Environment Committee: Decorating for Lent*
- Soup Stew & Chili Program
- Parish Credit Union

Monday, March 7th

- Exercise Class
- Pastoral Leadership Team Meeting
- Pinochle Club
- Senior Wii Bowling League
- Church Renovation Committee
- School Registration Night

Christ Light of the Nations School

Tuesday, March 8th

- Eucharistic Adoration & Visits
- Men's Club Meeting & Dinner

Wednesday, March 9th

Ash Wednesday—Season of Lent Mass & Ashes — 6:30am / 8:00am / 7:00pm

- Eucharistic Adoration & Visits
- Parish Quilting
- Parish Fish Fry
- Room At The Inn Program

Friday, March 11th

- Stations of the Way of the Cross

Saturday, March 12th

- Sacrament of Penance

Sunday, March 13th

The First Sunday of Lent

- Rite of Enrollment

Candidates for First Communion & Confirmation

- Parish Credit Union

- Parish Corned Beef Dinner

Parish Community Center—4:00pm until 7:00pm

COMING SPECIAL EVENTS

RED CROSS BLOOD DRIVE

Parish Community Center
Saturday, March 19th, 8:00am—1:00pm

LENTEN DAY OF PRAYER

Holy Name of Jesus Parish
Wednesday, March 23rd, 9:00am-3:00pm

PTO CASINO NIGHT

Benefit for Christ Light of the Nations School
Saturday, March 26th, 2011

Renewing Our Catholic Christian Commitments

The Season of Lent—Our Annual Parish Retreat

A T LEAST ONCE IN A LIFETIME every religion teacher—and many parents too I'm sure—gets trapped by their children in the dilemma of this question: *“Father, which is more important, Christmas or Easter?”* Some ask out of innocence or honest curiosity. Others clearly intend confusion or embarrassment. It's a difficult lesson even when I was prepared and planned to be the one doing the asking. All logic and correctness are never enough to be truly convincing.

The problem is actually pretty simple. Our culture makes a much bigger deal out of Christmas than Easter. Weeks if not months of public preparation and personal planning. Celebrations extending into the week of Christmas through New Years Day. Gifts, meals, and gatherings are typical for families and friends, coworkers and neighbors. All the evidence clearly points to Christmas as most important. Besides that Christmas has a baby! The attraction of the Christ child over the crucified Christ is quite understandable.

Then, in 1981, teaching sixth grade, I found my best argument ever for the triumph of Easter over Christmas. A boy well on his way to becoming juvenile delinquent of the year set the trap for me again. He stood and ask “the” question. I knew immediately the new direction in which I would take with our conversation.

Though his parents would always remember his birthday with joy and thanksgiving, I knew that they were even more looking forward to the day when he would start to make new and better choices with his life. I now know that day finally came and it was absolutely more important than his birthday.

*“I set before you here, this day, a blessing and a curse:
a blessing for obeying the commandments of the Lord, your God, ...
a curse if you do not obey the commandments of the Lord, your God.”*

Book of Deuteronomy 11: 26-28

Easter Sunday—in fact the seven weeks of the Easter Season—celebrates what Jesus chose to do with his life. It certainly was a hard choice. One he resisted and was even tempted to avoid. But he didn't and that made all the difference—for him and for us.

This week Christians around the world begin the Season of Lent. More or less, we are setting aside time for prayer, reflection, sacrifice, and careful attention to others. Why? All of us need and hopefully want to make new and better choices about who we are and how we live. For our parish I would like to focus these days of retreat in the following direction.

During the past year you may have occasionally noticed **Four Oil Lamps** being used in our church. They are decorative elements, but more importantly we also intend them to **symbolize the four essential characteristics of a Christian** person or family, group or community. I encourage us all to use the following questions as a guide for our Lenten retreat and our Easter celebrations this year.

COMMUNITY GOSPEL VALUES

When and how do I/we bring people closer to each other and to God?
To a sense of belonging and being “connected”?

The story of Jesus is the “paradigm” for us, an essential task for the present.
When and how do I/we proclaim the Gospel teaching and way of life of Jesus?

WORSHIP SERVICE

When and how do I/we celebrate God's love for us? My/our love for God?
Do I/we give special attention to the character and quality of our celebrations—especially the essential importance and central place of the Eucharist?

When and how do I/we serve each other and the community outside of ourselves?
Do I/we care for the material and social needs of others?

MASS INTENTIONS

- MONDAY March 7**
8:00am Walter Zuchowski
- TUESDAY March 8**
6:30am Joseph Keeven
- WEDNESDAY March 9**
6:30am Ron STrunk
8:00am Tim Ferrell
8:00am School Mass at Our Lady of the Rosary
7:00pm Parishioners
- THURSDAY March 10**
6:30am Mr. Kreher
- FRIDAY March 11**
8:00am Irene Galkowski
- SATURDAY March 12**
4:00pm Homer Zigler
- SUNDAY March 13**
8:00am Michael Lorenz
10:30am Patricia Huhman

SAVE THE DATE! Wednesday March 23rd
Day of Reflection
Come on a Lenten Journey with Peter at
Holy Name of Jesus Church & Community
Center, 9:00am till 2:30pm
Please call Betty Kondracki @868-0176 or the
parish office @868-2310 to register as lunch
entrée will be Provided. Bring a salad or dessert
if you can. JOIN US!



REMINDER



Daylight savings time begins on Sunday, March 13. Beginning Saturday, March 19, Saturday evening Mass will be at **5:00pm**.

 **Eucharistic Ministers**

- March 9**
6:30am Mary Krsul*, Toni Scharf*, Nancy Berwin, Laura Petroff
- 7:00pm** Bob Ritter*, Anne Schwanz*, Judy Krenn, Frank Schneider, Marilyn Gittemeier, Ken Kleinberg, Karen Kulla, Judy Mantych
- March 12-13**
4:00pm Marilyn Gittemeier*, Dee Hooser*, Larry Cooke, Barb Ellington, Jennifer Krsul, Laura Lucido, Eileen Mills, Carol Oldendorf, Mary Krsul-D
- 8:00am** Laura Petroff*, Anne Schwanz*, Sr. Rose, Bernice Parciak, Bob Ritter, Pat Stolte, Marie Tabor, Josephine Bono, Frank Albers-D
- 10:30am** Joan Cuidon*, Pat Edgar*, Jeanne Field, Lori Garner, Mary Harris, Minnie Huston, Darlene Imhoff, Ken Kleinberg, Gina Keppler-D



LECTORS

- March 9**
7:00pm Sr. Rose
- March 12-13**
4:00pm Linda Brand
8:00am John Prose
10:30am Linda Bryns
- Mass Servers** 
- March 7-11**
8:00am Jim & Joan Cuidon
- March 12-13**
4:00pm Terry Stocking, Jonah Durbin & George Bond
8:00am Andrew Gerhart
10:30am Kelsey Keppler, Nicole Williams & Peter Krenn
- Gift Bearers** 
- March 12-13**
4:00pm Frank & Linda Schneider
8:00am Karen Uhlenbrock & Anne Schwanz
10:30am Mary Ann Harris & Minnie Rogers-Huston



Teachers Instructions

Beginning with Breadsticks

You will need:

- 1 package of refrigerated breadsticks
- 2 tbsp. sugar
- 1/4 tsp. cinnamon
- 1 tbsp. butter/margarine

1. Separate breadsticks and form one of them into the letter that your name begins with. Form the other breadsticks into the letters that begin the names of your other family members.
2. Place the breadsticks on a greased baking sheet and bake as directed on package.
3. Meanwhile, mix the sugar and cinnamon in a small bowl. In a separate bowl melt the butter in the microwave.
4. When breadsticks are finished cooking, remove them from the baking sheet and brush them with the melted butter.
5. Sprinkle each with the sugar/cinnamon mixture.
6. Enjoy eating your beginning letter.

GOD'S WORD FOR CHILDREN!

Ninth Sunday in Ordinary Time Year A

March 6, 2011

Jesus said "Listen to my words".

Dt 11:18, 26-28, 32 Ps 31:2-3, 3-4, 17, 25
Rom 3:21-25, 28 Mt 7:21-27

Directions: Match God's Commandments to daily activities by connecting them with a line.

Keep holy the Sabbath day.

You shall not steal.

Honor your father and mother.





A wise man built his house on stone. Another man built his house on sand.

Directions: What would you use to build a house?
Draw your house below.



Jesus said, "Not everyone will enter the Kingdom of Heaven."

Directions: How many times can you find the word heaven in the puzzle below?

A	E	H	E	A	V	E	N
N	H	E	A	V	E	N	E
H	E	A	V	E	N	H	V
E	A	V	E	V	E	V	A
A	V	E	A	E	V	N	E
V	E	N	E	V	A	E	H
E	N	E	V	A	E	H	A
N	E	V	A	E	H	E	V

5 SECRETS TO AGING WELL

How to be happier and healthier for the rest of your life

We'd all like to live to be 100--but let's face it, some people age a lot more gracefully than others. Scientists are finding that approaches to attitude and lifestyle not only add years to your life but add a better quality of life to your years. Studies have shown that only one third of what predicts how well we age is genetics and that the other two thirds is based on our personal lifestyle choices, and therefore, is under our control.

Here are five factors that we can do something about to help us live longer.

1. KNOW WHAT MAKES YOU HAPPY

The Founding Fathers were right about the pursuit of happiness being as critical as life and liberty. Happiness boosts the immune system and helps tamp down stress. Most people are not good at expressing what makes them happy. Pay attention to what puts you in a good mood over the next few days and repeat that activity when you need a boost of happiness.

2. APPROACH THE "NEW" OFTEN

The brain loves novelty, and it never loses its ability to grow. Learning new things builds neural connections all through life. So learning a musical instrument at 65, or taking college classes or challenging our brain to puzzles and crossword puzzles daily keep our brain cells new and young.

3. BE YOUR OWN BEST FRIEND

When we like ourselves, we make better choices about how we live. Associate with people who like the same things you do and have things in common with you.

4. BE BOTH A GIVER AND A TAKER

Many people feel important when they have a sense of purpose. Much of that sense of purpose comes from giving of time and love, but you also must be able to accept someone else's time and love also.

5. SWEAT AT THE FOUNTAIN OF YOUTH

Maintain a healthy lifestyle and exercise. Research has shown that you can add exercise at any age to reap the benefits.

As we approach this Lenten season, may your happiness be seen through the Cross.

Buffy Modde
Parish Nurse @ HNOJ



If you or a family member or friend are admitted to the hospital, please call the office at 868-2310 and give us that information. We would love to visit you and have the community pray for you. Because of HIPA, the hospitals will not let us know you are there.



NEWS ABOUT SCHOOL SISTERS OF NOTRE DAME

On June 12, 2011, the Central Pacific Province of the School Sisters of Notre Dame will be formed. This province is a coming together of 4 units: St. Louis, Dallas, Milwaukee and Mankato.

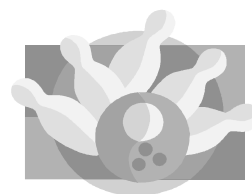
From March 13 through the 19th, Sister Charlene and I will be gathering with other members of the Election Committee to chose 8 council members and 1 provincial for our new province.

We ask that you pray for us and for the Sisters who are being called to this leadership. This is a new era for us, which, will help us as we minister to God's people.

**Gratefully,
S. Rose, SSND**

Northeast County Senior Ministry Spring Bowling

Join us every Monday starting March 7th from 1:30-3:30pm as the Northeast County Senior Ministry begins its Spring Senior Wii Bowling League. This is a bowling league which travels from parish to parish to compete against the other local senior bowling teams. We will kick off the season at Blessed Teresa of Calcutta (1050 Smith). So please come have fun, socialize, and even get a little exercise while learning to bowl interactively. For more information or to sign up a team, please call Faria at 664-9700.



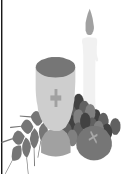
Rest in Peace

Please pray for the repose of the soul of all who have died this week. May their soul and all the souls of the faithful departed rest in peace. Amen.



Thank you for your generosity these past few months for the Soup, Stew and Chili ministry. Don't forget to pick up your containers this weekend. This is the last time this season that we will be collecting. The frozen containers are due back the weekend of Mar 19-20 **BEFORE** 10:30am Mass. The driver leaves at 10:30am!

AN OPPORTUNITY TO SERVE



Since our coming together in 2005, we have been able to bring Holy Communion to 35 parishioners, on a weekly basis. This ministry has been done by 25 wonderful, generous people. Because of age, illness and moving, 4 of our ministers have had to stop serving in this way. **THERE IS A NEED FOR MORE MINISTERS.** Please consider serving our shut-ins in this way. Please call S. Rose at 868-2310 for questions, clarifications or volunteering. There will be an in-service to help you. Thank you so much for giving this ministry your consideration.

Men's Club Corned Beef Dinner
Tuesday, March 8th
\$15.00 per person
Proceeds to benefit the Thanksgiving Day Soccer Game/Hall of Fame
Doors Open at 6:00pm
Chef: Don Merz
All men of the parish are welcome!

Corned Beef Dinner

Parish Corned Beef Dinner, March 13th from 4-7pm

HELP HELP HELP

WE NEED HELP AT THE FISH FRIES

Morning especially to help make the sauce, mixing coleslaw, peeling potatoes, among other things. If you could volunteer for an hour or two it would be greatly appreciated. Volunteers are also needed for cashiers at the parish Fish Fries. Hours are 3:30-5:00 or 5:00 to 6:30. Please call Tony Rehagen at 868-5899 to volunteer. No experience needed!!

Thank you.

Please call 868-5899 if you can help in anyway.

DO YOU HAVE A PASSION FOR HELPING OTHERS?

Holy Name of Jesus and Mississippi Valley Regional blood Center are teaming up to hold a Blood Drive on **Saturday, March 19th from 9am-1pm** in the Community Center. Mississippi Valley Regional Blood Center is a new organization we have chosen to work with for blood donation. All donated blood at Holy Name of Jesus is distributed locally, that is, with in the city and county of St. Louis, unless other circumstances warrant it to go else where. Here is one statistic I would like you to think about; **For every 5 persons entering the hospital on any given day, ONE will need blood.** Please consider donating and possibly saving someone's life. **You must have a picture ID to donate blood.** If you have questions regarding blood donation, please call Buffy Modde, Parish Nurse @ 868-2310, ext 11.

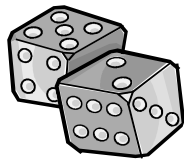
Catholic Families Tuition Assistance Endowment Fund and the Parish Employee Endowment Fund

Any **Catholic** family wishing to apply for tuition assistance through the Archdiocese for the 2011-2012 school year must obtain a 'FACTS' application from the rectory. Students must attend an Archdiocesan or Parochial Elementary School or an Archdiocesan or Parochial High School to be eligible. The due date for the application is **April 1, 2011** and **must** include a copy of your **2010** Income Tax Return. Grants for the 2011-2012 school year are made possible through the generosity of the Returning God's Gift Campaign and the Annual Catholic Appeal. The Catholic Education Office appreciates the support of the ACA and all of its donors.

Christ Light of the Nations PTO Hosts Casino Night

The Parent Teacher Organization is holding their second Casino Night, Saturday, March 26 at the Holy Name of Jesus Parish Center. Everyone is invited to join the fun as we hold mice races, raffles, silent auction and other games. To reserve a place or table for Casino Night call Mary or Pete Jones at 355-3738.

The PTO is also looking for donations for their baskets in the silent auction. If you know someone or a business who would like to donate an item, gift certificate, tickets etc, call Mary Jones at the number above or you can drop the item off at the school office.



The Northeast Deanery Federation of Catholic Schools Fine Arts Night

The Northeast Deanery Federation of Catholic Schools is sponsoring a Fine Arts Night on March 31, 7pm, at Trinity Catholic High School, 1720 Redman Rd. The evening will highlight our students' talents in the Fine Arts throughout the Federation. We will have an evening of singing, instrumental music, and art displays. The third and fourth grade students throughout the Federation will join as one large chorus to present a selection of songs. Band students from the Federation schools will also be performing this evening. Artwork from all grade levels throughout the Federation will be displayed for all to view before and after the concert.

McTeacher Night at McDonald's



Come join the teachers and families at Christ Light of the Nations School for McTeacher Night, Tuesday, March 8 from 4-8pm at the Bellefontaine McDonald's. You can eat in, carry out or use the drive thru. A portion of all

sales that night goes to school. Come join the fun and help our school. Thanks in advance for your

Christ Light of the Nations School Holds Enthronement of the Sacred Heart prayer service.

Last Thursday, February 24th, we Enthroned the Sacred Heart of Jesus with a prayer service in the cafeteria due to rain. Eighth grader, Jacob Klump crowned the statue with Jackson Barnes assisting him. Jason Bober and Charles McGill helped by reading the promises of the Sacred Heart. Second grader, Morgan Cochran was the crown bearer. In the months ahead, we will try in a special way to live out our desire to share the Love of the Heart of Christ. We hope to be the Hands and the Heart of Christ for others in our families, community and even around the world. These are the service projects each level has planned:

*Kindergarten through 3rd grade will be visiting the residents of Hidden Lake. They will sing songs and hand out a craft.

*4th and 5th graders are making Easter cards and sending them to our US Marines.

*6th grade is bringing in gently used toys and clothes for Goodwill to help those with less.

*The 7th graders are bringing in used tennis shoes to be turned into playground mulch or sent to those in need.

*The 8th grade will pick up trash around the property once a month till graduation.

We continue to Ignite the Light here at Christ Light by being Christ for others.





Stewardship of Treasure
**Your Gifts of Support for
 Our Parish Mission**

Report on Parish Collections

Envelope Offerings	\$7,649.07
Loose Offerings	\$123.39
Total Sunday Collection: Parish Support	\$7,772.46
St. Vincent de Paul Society	\$987.00



Sr. Pat SSND, Theresa Coker, Carol Ginder,
 Cheryl Elder, Joshua Felts, Doris Drury,
 Jeannette Riehl, Dorothy Smith, Mary Pennock

In The Hospital...

James Wolbrink, Bill Sams, Lucille Feldhaus,
 Chris Brousand, Peggy Koester

MEDICARE/MEDICAID TALK NEW DATE

Please join us for a special forum on Medicare and Medicaid. The presenters will talk about necessary steps and protocol regarding **Medicare and Medicaid** and **long term care**. Have you ever thought about what would happen if you had a sudden, extended hospital stay that may require some rehabilitation prior to your returning home, or if a loved one or your spouse needed to go into a nursing home temporarily. Where would the funds come from? Who would pay for this stay? These are the questions that can be answered at this presentation. Please plan to attend. The parishioners who attended in December commented that the presentation was **“very informative and helpful.”**

This presentation has been rescheduled for **Wednesday, March 30th**, at 5:30pm. **For all of you that are already on my list, I will call you and confirm that are still available for the new date.** If you would still like to register, please do so by calling Buffy Modde, the parish nurse @ 868-02310, ext 11. **You must call and register if you would like dinner.** Walk-ins are welcome.



PRAYER CHAIN

If you or someone you know is in need of prayer, please call either Betty Kondracki @ 868-0176 or Pat Edgar @ 868-4143

9th Sunday in Ordinary Time

“Everyone who listens to these words of mine and acts on them will be like a wise man who built his house on rock.” MATTHEW 7:24

Our Lord gives us two distinct commands today. We must listen and we must act. We listen when we participate in Mass. We act when we participate in the ministry of the parish. We need to do both for a strong foundation. Participating more fully in the liturgy and life of the parish may require some changes on our part. We may have to move away from our current lifestyle so that we can move closer to God.

Readings for the Week

March 6, 2011 through March 13, 2011

Sunday	Dt 11:18,26-28,32 Ps 31:2-4,17,25 Rom 3:21-25,28 Mt 7:21-27
Monday	Tb 1:3;2:1a-8 Ps 112:1-6 Mk 12:1-12
Tuesday	Tb 2:9-14 Ps 112:1-2,7-9 Mk 12:13-17
Wednesday	Jl 2:12-18 Ps 51:3-6a,12-14,17 2 Cor 5:20-6:2 Mt 6:1-6,16-18
Thursday	Dt 30:15-20 Ps 1:1-4,6 Lk 9:22-25
Friday	Is 58:1-9a Ps 51:3-6a,18-19 Mt 9:14-15
Saturday	Is 58:9b-14 Ps 86:1-6 Lk 5:27-32
Sunday	Gn 2:7-9;3:1-7 Ps 51:3-6,12-13,17 Rom 5:12-19 or 5:12,17-19 Mt 4:1-11

St. Ferdinand Parish in Florissant will host a parish family mission from Sunday through Tuesday March 13-15. A single session will be held from 2-5pm on Sunday, and two-hour sessions beginning at 9:15am and 6:30pm on Monday and Tuesday. Topics include God's unconditional Love. The Journey of Pain and Suffering and The Journey to Healing and New Life. The Sunday session and each evening session will be followed by social gatherings. For information call 837-3165.

Women's Spring Retreats at White House

<u>Midweek</u>	<u>Weekend</u>
Mar 14-17	May 26-29
April 4-7	(Memorial Day Weekend)
May 2-5	
May 23-26	

You are invited to enjoy three days of peace and spiritual direction at White House Retreat on the bluffs overlooking the Mississippi River in South St. Louis County. **Midweek retreats** start with check-in on Monday from 11:30-12:30 and end at noon on Thursday. **Weekend retreats** start with check in on Thursday from 5-6:30pm and end at 2pm on Sunday.

In an atmosphere of quiet beauty, you will be guided through the Spiritual Exercises of St. Ignatius that have been the keystone of the White House experience since 1922. In recent years Pope Benedict XVI has strongly encouraged the attendance at retreats based on the Spiritual Exercises.

For information or reservations, please contact Cyndi Barton at White House Retreat at 416-6400 or 1-800-643-1003 or visit the web site at www.whretreat.org.

LADIES GUILD MEETING will be on Monday, March 14th, at 7pm in the community center. Our entertainment will be the "Gateway Harmonica Club" and refreshments will be served. Tickets for our Spring Luncheon on May 14th will be on sale for \$15 each. It will be a fun evening, see YOU there!!!

Next Sunday, our parish will take up the annual Collection for Black and Indian Missions. Your financial contribution helps to support Catholic American Indian communities on reservations, in rural areas and inner cities. Your sacrificial gift also supports African American evangelization programs particularly in the south. Your donation funds evangelization programs to strengthen the faith, continue the legacy and share the mission with children and adults here in the United States.

For more information, go to :
www.blackandindianmission.org

EXERCISE REMINDER

Holy Name of Jesus offers 2 opportunities to exercise and get physically fit each week. The first opportunity is on Monday morning @ 9 AM. This class concentrates on Range of Motion, strength training, low impact aerobics and relaxation, it is highly recommended for those who have osteoarthritis or rheumatoid arthritis. The 2nd opportunity is on Wednesday evening at 6 PM. This class concentrates on aerobic exercise and muscle toning. We have a variety of DVDs in which we use.

**Monday morning exercise is ongoing,
Wednesday evening exercise will start on
March 16th.**

*Please call Buffy Modde, Parish Nurse,
with questions, 867-2310, ext 11.*