

Holy Name of Jesus Catholic Church 10235 Ashbrook Drive, St. Louis, Missourí, 63137 314.868.2310/Fax314-868-3919


Celebrating Five Years of
Friendship in Christ
Enjoying each other's company
Striving to bring the best out of each other
Sharing a commitment to a common good outside of ourselves

Were not our hearts burning as he spoke to us on the road ... And they recognized him IN THE BREAKING OF THE BREAD Gospel of Luke 24:13-35

Holy Name of Jesus Catholic Church 10235 Ashbrook Drive, Saint Louis, Missouri, 63137 $314.868 .2310 \quad$ Fax 314.868 .3919

Parish Pastoral Leadership
Father Michael Henning Pastor mickeylee48@sbcglobal.net Sister Rose Mercurio, SSND Pastoral Associate rosessnd@sbcglobal.net Ms. Juanita Blackshear
Director of Administration \& Programs jblackshear52@sbcglobal.net Mrs. Buffy Modde Parish Nurse parishnurse.hnoj@sbcglobal.net Mrs. Theresa McWilliams Director of Music tmacwms@sbcglobal.net Deacon George Watson Permanent Deacon hgwatson@msn.com Deacon Matthew Duban Permanent Deacon meduban@sbcglobal.net

Mrs. Judy Krenn
Youth Ministry Coordinator
judykrenn@aol.com

## Christ Light of the Nations Catholic School

1650 Redman Avenue
St. Louis, Mo. 63138, 314.741.0400
Sister Mary Lawrence, SSND
Principal
Sr_mary@charter.net

## Parish Support Staff

Mrs. Sandy Miesner
Parish Secretary
parishoffice10235@sbcglobal.net
Mr. Steve Jones
Maintenance Coordinator
Mr. David Vaughn
Parish Custodian
Mrs. Rose Fox
Rectory Housekeeping

## Parish Pastoral Council

Patrick Barrett 314-388-2439
Betty Easley 314-388-0263

Gina Keppler 314-868-4824
Judy Mantch 314-868-7995
Anna Petroff 314-869-2936
Ted Piekutowski 314-355-7288
Judi Sams 314-869-2589 Bob Stolte 314-869-8147

Weekend Mass Schedule
Saturday 4:00 pm Standard Time 5:00 pm Daylight Time
Sunday 8:00am, 10:30am

## Daily Mass Schedule

6:30 am Tuesday/Thursday 8:00 am Monday/Wednesday/Friday 8:00 am Wednesday/Thursday Christ Light of the Nations School Check the Bulletin each week for schedule changes.

## Holy Days of Obligation <br> 8:00 am, and 7:00 pm <br> Civil Holidays 9:00 am <br> Sacrament of Reconciliation

Saturdays 2:30-3:30 (CST); 3:30-4:30 (CDT)
Advent \& Lent Reconciliation
Services
By appointment at any timecall priest directly.
Liturgy of the Hours
7:35am Monday/Wednesday/Friday

## Eucharistic Adoration <br> 7:00am Tuesday-midnight <br> Wednesday

## Becoming a Catholic Christian

The parish has a year-round/ongoing process to assist adults in becoming Catholic. It also has a special program for older unbaptized children. Both can start any time. Call Deacon George (868-2310) for further information

## Sacrament of Marriage

Engaged couples begin preparation for the Sacrament of Marriage at least 6 months before their wedding. Please remember-a wedding date will not be scheduled until the assessment of their readiness for the Sacrament of Marriage has been completed. Contact the rectory for more information. Weddings are not scheduled during the Season of Lent.

## Anointing of the Sick

The sacrament is for those having surgery, the seriously ill, the chronically ill, and those near death. If you know in advance that you are going to the hospital, call one of the priests to arrange for anointing at home or church. In addition the sacrament is celebrated at church on the first Saturday of the month after evening Mass and on the third Sunday of the month after 8:00 Mass. It may be repeated as needed.

A PLEDGE TO
PARISH LIFE
My parish is composed of
people like me. I help make it what it is. It will be friendly, if I am.

Its pews will be filled,
if I help fill them.
It will do great work, if I work. It will make generous gifts to causes, if I am a generous giver.
It will bring other people into its
community,
if I invite and bring them.
It will be a parish of loyalty and love,
of fearlessness and faith,
and a parish with a noble spirit,
if I, who make it what it is, am filled with these same things.
Therefore, with the help of God, I shall dedicate myself to the task
of being all the things
that I want my parish to be.

HS
Highlights of Life in Our Community Our Parish Life
Good for You - Good for Others
Details in your bulletin or Parish Directory. Being involved insures the vitality of our parish.

Sunday, May 1st
Second Sunday of Easter

- Celebration of First Communion
- Parish Credit Union
- Trinity High School Spring Concert

Monday, May 2nd

- Exercise Class
- Pastoral Leadership Team Meeting
- Pinochle Club
- Senior Wii Bowling League
- Retreat for Parish Women Monday-Thursday, White House Retreat Center

Tuesday, May 3rd

- Eucharistic Adoration \& Visits

Wednesday, May 4th

- Eucharistic Adoration \& Visits
- Parish Hospitality: Coffee \& Donuts
- Parish Quilting
- Stewardship Dinner For Leaders of Parish Organizations and Activities

Thursday, May 5th

- Funeral Luncheon Program Dinner

Saturday, May 7th
Annual Catholic Appeal Weekend

- Sacrament of Penance
- Sacramental Anointing of the Sick
- Children's Choir Recognition Dinner

Sunday, May 8th
Third Sunday of Easter Annual Catholic Appeal Weekend

## COMING SPECIAL EVENTS

LADIES GUILD SPRING LUNCHEON
Saturday, May 14-Community Center
PARISH BLOOD DRIVE
Saturday, May 21-Community Center Mississippi Valley Regional Blood Center

RETREATS FOR PARISH WOMEN Monday-Thursday, May 23-26
Thursday-Sunday, May 26-29
White House Retreat Center, South St. Louis County
ASSISTANCE WITH SPRING-SUMMER YARDWORK Call Brion or Whitey 314-664-9700

## If You See Something Say Something Coming Together In Christ

Easter faith celebrates the fact that unselfish love always makes a difference. It changes our lives. It changes the world. Yet, just as often as we experience the difference our love makes, we also experience the helplessness of many overwhelming situations, unmet needs, or requests for our help. Sometimes, with much frustration, our only thought might be, "What are we to do?"

Since last week's storms many of you have come to me or other members of our staff asking, "How can we help?" Since people's need are wide spread, we've published information from Catholic Charities in this week's bulletin. Please cut it out and save it for your prayerful consideration and future reference.

Those who believed
shared all things in common.
Day by day the Lord added to their number those who were being saved.

Acts of the Apostles 2:44, 47
Responding locally to some of these great and on-going needs in our community and among our own parish members may take a little time to get organized. So ...

If you have a need, great or small, we will help you find volunteers to support you're getting the job done. Call me or our Parish Office.

If you have time or a skill you think might help in this time of need, let us know that you want to be added to our list.


The early Church learned to pull together as a community of local churches so that no individual and no single church would ever have to go through hardship alone.

As a part of our archdiocesan
Annual Catholic Appeal next
weekend we will welcome to our
parish Ms. Peggy O'Brien, the Principal of Our Lady of Guadalupe School, together with faculty members, Kathy Long, Anne Cook, and Jessie Joiner. They will speak to our parish about the vital importance of the Appeal in support of Catholic education.

In 2010 our school families and faculty received $\$ 6,650$ in support of tuition assistance needs and continuing education programs. The Appeals also funds the Right Start Student and Parent classes in our school, marriage preparation classes for couples in our parish, and the Good Leaders, Good Shepherds pastor training program that I am now participating through next year.

You can make your gift or pledge in the Community Center before or after Mass on Saturday or Sunday this weekend or on either of the two following weekends.

The goals for the Appeal in our parish this year are to -

- Raise $\mathbf{\$ 5 2 , 9 7 9}$ in gifts and pledges
- Increase participation by 48 new donors who have never given to the Appeal or did not contribute last year
- Maintain if not increase the amount given last year by each family or individual parish member


## All contributions

to the Annual Catholic Appeal have already been designated and are restricted for Educational, Pastoral Programs, and Charitable Services and Ministries that assist our parish and people throughout
the community.



Teachers Instructions
"I Can't Believe It!"
Directions:

1. In a small bowl, mix $1 / 4$ cup water with 1 tablespoon of baking soda.
2. Place the bowl inside a larger bowl.
3. What do you think will happen if you add $1 / 4$ cup vinegar to the mixture. Why do you think that?
4. Add the vinegar.
*What happened?
*Were you right?

* Why do you think it happened?


2. 



## GOD'S WORD FOR CHILDREN!

Second Sunday of Easter May 1, 2011

Jesus appeared to His disciples and said, "Peace be with you. As the Father has sent me, so I send you." Then Jesus breathed on them and said, "Receive the Holy Spirit."

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Acts 2:42-47 Ps 118:2-4, 13-15, 22-24
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1 Pt 1:3-9 Jn 20:19-31
Directions: Put the following words in alphabetical order.

PEACE
JESUS
1.
2. $\qquad$
3. $\qquad$
4.
5.
$\qquad$
6. $\qquad$

FATHER SPIRIT

Thomas did not believe that Jesus was risen until he saw Jesus with his own eyes.

Directions: Use your eyes to find the hidden pictures below.

##  <br> -



Jesus said, "Blessed are those who have not seen and have believed."

Directions: Circle the words that you CANNOT see, but you believe exist.

## HEAT

LOVE

TEETH
BOOKS
SIN

FLOWERS
OXYGEN

HAPPINESS
JESUS

## MANAGING CONGESTIVE HEART FAILURE

When we hear the term " heart failure", it makes it sound as if the heart has stopped working. What congestive heart failure actually means is that the heart isn't pumping efficiently enough to keep up with the body's needs. If you have been diagnosed with congestive heart failure or have been told you are at risk, here is some information to help you better manage. With the proper treatment and lifestyle changes, many people with congestive heart failure can lead active lives for many years.

Heart failure occurs in stages. At the earliest stage, someone may not even notice he has heart failure, or it disappears after they begin medications. Their heart failure may never progress further if they takes good care of themselves. If someone has the later stages of heart failure, they may have difficulty with everyday activities, like walking up the stairs or carrying groceries. Even later stages of heart failure can cause fluid in their lungs making them short of breath at rest and even lying down, or fluid to accumulate in the ankles and legs. At whichever stage a person is diagnosed, to keep it from worsening they will have to make major changes in their lives. They will have to eat differently, remember to take medications, keep as active as possible and reduce stress. Some of these changes will require breaking habits that have been acquired over many years. A caregivers role is to help them maximize their quality and length of life.
Everyone diagnosed with heart failure should be under the care of a doctor. If you experience any of these worsening symptoms, call your doctor immediately.

- Sudden weight gain (greater than 3 lbs in $\mathrm{I}-2$ days)
- Increased swelling in the legs or ankles
- Shortness of breath while at rest
- A dry, hacking cough or wheezing
- Dizzy or fainting spells
- Increased fatigue or feeling unwell all the time
- Abdominal pain or swelling

What can a person do to live a healthy life with heart failure?

- Eat heart healthy--Salt is the biggest culprit so cut it out of your diet completely. Beware of high sodium processed foods.
- Get daily exercise--Many feel exercise makes their heart work too hard, but it will actually make your heart stronger.
- Stop smoking
- Wear comfortable clothes when you are retaining fluid and use pillows to elevate head at night to keep breathing easier.
- Take your medication consistently and according to instructions.

Here is hoping that May brings all the beauty of Spring! God's Blessings to you and your families!
Buffy Modde, Parish Nurse @ HNOJ


If you or a family member or friend are admitted to the hospital, please call the office at 868-2310 and give us that information. We would love to visit you and have the community pray for you. Because of HIPA, the hospitals will not let us know you are there.

Northeast County Senior Ministry Spring Bowling

- May 2nd Holy Name of Jesus

Holy Name of Jesus Ladies Guild Meeting will be on Monday, May 9th at 7 pm in the Community Center. Entertainment will be published later. Tickets for the Spring Luncheon on May 14th will be on sale for $\$ 15$. Refreshments will be served. Please join us. See you there!!

## DO YOU HAVE A PASSION FOR HELPING OTHERS?

We are thankful that the numerous storms in the St. Louis area and the more recent tornado in our own church community and our neighboring communities had no reported fatalities. But, there were many homes and businesses destroyed, and people's lives were put to a challenging feat. What can those who were not affected by these recent storms help? Here is our chance.
Holy Name of Jesus and Mississippi Valley Regional Blood Center are teaming up to hold a blood drive on Saturday, May 21 ${ }^{\text {st }}$ from 9 AM - 1 PM in the HNOJ Community Center. Mississippi Valley Regional Blood Center is a new organization we have chosen to work with for blood donation. All donated blood at Holy Name of Jesus is distributed locally, that is, with in the city and county of St. Louis, unless other circumstances warrant it to go elsewhere. Here is one thing I would like you to think about; Blood cannot be manufactured. People are the only source. Please consider donating and possibly saving someone's life. You must have a picture ID to donate blood. Unless in donated at the March $19^{\text {th }}$ drive.

We received many rave reviews about MVRBC and their process. Donors were finished from start to finish within 45 min . or less. Won't you give them a try?
If you have questions regarding blood donation, please call Buffy Modde, Parish Nurse @ 868-2310 ext. 11.

RRest in prace 琞
Please pray for the repose of the soul of Harold Roberts, Thelma Sams and all who have died this week. May their soul and all the souls of the faithful departed rest in peace. Amen.

## A Call for Nominations for Our School's BOARD OF EDUCATION

 WHO IS ELIGIBLE FOR BOARD MEMBERSHIP?All registered members of Holy Name of Jesus Parish and Our Lady of the Rosary Parish as well as all parents/ guardians of children currently registered in Christ Light of the Nations School are invited to nominate themselves or other registered parish members or other school parents/guardians. All nominations will be confirmed by a call from one of the members of our current School Board.

If you have experience or expertise in any of the following areas, please consider nominating yourself or someone you know to be so qualified: past or present experience as a Catholic elementary school parent or guardian, a professional background and experience in education (teaching or administration), finance and administration, public relations, marketing or development and fundraising.

All nominees will be invited to a meeting on May 26 to meet with the present board and hear more about the responsibilities of a board member. They will also be able to ask questions.

## HOW MANY BOARD POSITIONS NEED TO BE FILLED?

From among all who are nominated three persons will be appointed to the Board by the Pastoral Leadership Team of the School (Father Mike, Father Tom, Sister Mary, and Karen Dafflitto)

## PRAYER CHAIN

If you or someone you know is in need of prayer, please call either Betty Kondracki @ 868-0176 or Pat Edgar @ 868-4143

## WHEN DOES BOARD MEMBERSHIP BEGIN?

The newly selected Board members will meet and begin their service to our school community on August 25, at 7:00pm.

## QUALITIES OF A BOARD MEMBER

Candidates for Board membership should be:
eighteen year old or older,
a registered parish member or parent of a child in our school program,
supportive of our school's educational program, financially and attitudinally,
sincerely interested in Catholic education,
willing and able to spend the time for meetings, capable of a broad vision and not having a specific issue to settle through the school,
able to express oneself in a group,
a good listener,
capable of a broad vision and not having a specific issue to settle through the school,
able to express oneself in a group,
a good listener,
capable of reaching a consensus on controversial issues, possessing an open mind,
willing to be loyal to board decisions even though personally opposed to the final recommendation.

Return the ballot below in person or by mail to your Parish Office or to the School Office, or simply place it in the Sunday Collection Basket.


ALLBALLOTS MUST BE RETURNED BY MONDAY, May $23^{\text {rd }}$
Based on the qualities noted above I would like to nominate the following persons for membership on the Board of Education of Christ Light of the Nations School.
NAME (Please Print Clearly) STRENGTH / EXPERTISE this person would bring to the Board:

| Sun 1st | ACA Weekend |  | CC |
| :---: | :---: | :---: | :---: |
|  | 10:30am | First Communion | C \& CC |
| Mon 2nd | 9:00am | Exercise Class | CC |
|  | 1:00pm | Pinochle Club | RB |
|  | 1:30pm | Wii Bowling | CC |
| Wed 4th | 9:00am | 1st Wed Coffee Donuts | CC |
|  | 9:00am | Quilting | CC |
|  | 6:00pm | Stewardship dinner \& meeting | CC |
| Thurs 5th | 6:00pm | Funeral Luncheon Appreciation Dinner | CC |
| Fri 6th | 6:00pm | Trivia Night Benefit | CC |
| Sat 7th/Sun 8th | ACA Weekend |  | CC |
|  | 6:00pm | Anointing of the sick | C |
| Mon 9th | 9:00am | Exercise Class | CC |
|  | 7:00pm | Ladies Guild Meeting | CC |
|  | 7:00pm | Church Renovation Meeting | POC |
| Tues 10th | 7:30pm | Men's Club Meeting | CC |
| Wed 11th | 9:00am | Quilting | CC |
|  | 4:00pm | Room at the Inn | POC |
|  | 6:30pm | Health \& Wellness Meeting | POC |
| Fri 13th | 11:00am | Grief Support | POC |
| Sat 14th | 12 noon | Ladies Guild Spring Luncheon | CC |
|  | ACA Weekend |  |  |
| Sun 15th |  | Blood Pressure weekend | CC |
|  |  | Coffee/Donuts Sunday | CC |
| Mon 16th | 9:00am | Exercise Class | CC |
| Wed 18th | 9:00am | Quilting | CC |
|  | 12 noon | Young at Heart Meeting | CC |
| Thurs 19th | 6:30-9:00am St. Patrick's Casseroles |  | C |
| Sat 21st | 9:00am—1:00pm BLOOD DRIVE |  | CC |
| Sun 22nd | 9:00am | Anointing of the Sick | C |
| Mon 23rd | 9:00am | Exercise Class | CC |
| Tues 24th | 7:00pm | Renovation Committee Meeting | POC |
| Wed 25th | 9:00am | Quilting | CC |
|  | 4:00pm | Room at the Inn | POC |
| \|Sat/Sun 28th/29th |  | MEMORIAL DAY WEEKEND |  |
| Mon 30th | 9:00am | Mass |  |
|  |  | PARISH OFFICE CLOSED |  |



Stewardship of Treasure Your Gifts of Support for Our Parish Mission

## Report on Parish Collections

Envelope Offerings \$5,242.11

Loose Offerings
$\$ 305.37$
Total Sunday Collection: Parish Support
\$5,547.48
St. Vincent de Paul Society
\$929.22

## (1) PLEASE PRAY for:

Sr. Pat SSND, Theresa Coker, Cheryl Elder, Joshua Felts, Doris Drury, Janet Marie BarylskiMoberly

## In The Frospital...

Charlotte Bounk, Florence Wisneski

## VALLEY OF THE FLOWERS

 FAMILY NIGHT THURSDAY, MAY 5THHosted by the
Duchesne Council Knights of Columbus 50 Rue St. Francois
Located next to the Old Saint Ferdinand Shrine
Families welcome anyone under the age of 21 must be accompanied by an adult

Each ride will be one (1) ticket this night only
Food and beverages will be available for purchase
Come join the fun in a great family surrounding
Time 4:00 until 8:30pm

St. Norbert Parish Picnic
Friday, May 6th 5pm-11pm and Saturday, May 7th 12 noon- 11 pm
Rides, Games, BBQ, Raffles, Bingo and more! Join us for Fun Food and Friends!

## Spring Luncheon

Holy Name of Jesus Ladies Guild's Spring Luncheon is Saturday, May 14th in the Community Center. Come see and enjoy St., Louis most talented "Muny Kids", who will be singing and dancing. Tickets are $\$ 15$-open seating. Doors open 11am. Please call Ruth at 869-3185, Mary 868-2492 or Marcella 869-0150 for tickets or more information.

## Stone Hill Winery Trip with the Northeast County Senior Ministry

Hop aboard a comfortable full-size coach and enjoy the start of spring as you ride to Stone Hill Winery in historic Hermann on Saturday, April 30th. Departing at 9am from St. Martin de Porres (615 Dunn Rd, Hazelwood), we will arrive for an authentic German-style lunch at the winery, followed by a tour of the grounds and cellar. Afterward, enjoy a taste of Stone Hill's award-winning collection of wine. We will return to St. Martin de Porres no later than 4 pm , and in time for evening Mass. Reserve your seat soon by calling Amy LeMieux at 314-664-9700. Upon reservation, please share any food allergies or dietary restrictions. It is $\$ 35$ per person to enjoy this wonderful day at Missouri's oldest and most awarded winery.

## First Communion

The following students from Christ Light of the Nations School will be making their First Communion this weekend at the 10:30am Mass at Holy Name of Jesus:

| Sophia Anzalone | Jacob Atheir |
| :--- | :--- |
| Matthew Brooks | Morgan Cochran |
| Cameron Deck | Kevin Morrissey |
| Sarah Mulvihill | Ocean Okahson-Reb |
| Erika Pfitzner | Lauren Swindle |



First Communion

## (1) Catholic Charities

## Disaster Response <br> Good Friday Storms / Tornadoes

## IF SOMEONE NEEDS HELP ....

Ask if they have contacted the Red Cross.
If NO: They should call 314-516-2700 first.
If YES: Ask what they need.
A place to stay (including motel)
Food, gasoline vouchers
Utility assistance / deposit
Rent payments / Security deposits
Moving Expenses / Storage
Mortgage payments
Insurance Deductibles
Car payments
Cell Phone Service
Minor home repairs
Housing Resource Center
314-802-5444
8 a.m. to 8 p.m. M-F
8 a.m. to 4 p.m. Saturday

## Debris Removal

United Way's "211"
or 800-427-4626
24 hours

## Counseling

Catholic Family Services
314-544-3800
or 800-652-8055
Note: Addresses will be checked against the Red Cross database. Everyone will need a photo ID or proof of residency. (To replace an ID, call the nearest Missouri driver's license office). No income guidelines.

TO DONATE MONEY ...
Send check to:
Catholic Charities of St. Louis
P.O. Box 952393

St. Louis, MO 63195-2393

Write "Good Friday tornado" on memo line.

## TO VOLUNTEER ....

Call United Way "211"
or 800-427-4626
24 hours
There may be roles for volunteers at Catholic Charities later. We will notify parishes or publicize this in the St. Louis Review.

Anyone wishing to help with debris removal and clean-up needs to call "211."

## TO DONATE GOODS ....

Call United Way "211"
or 800-427-4626
24 hours
A central drop-off point will be established soon.

No pick-up service.

Please join us on Thursday, May 12th at 10 AM for a presentation on hospice myths and advanced directives. A hospice educator from Hope Hospice will be presenting. This talk will be held at Blessed Teresa of Calcutta (1050 Smith, Ferguson, MO). For questions or to RSVP, please call Faria at 314-664-9700.


